

SENATE COMMITTEE ON  
HEALTH, WELFARE AND STATE INSTITUTIONS

MINUTES OF MEETING # 14

MARCH 19, 1973

The meeting convened at 9:10 a.m.

Senator Walker in the chair.

PRESENT: Senators Swobe  
Raggio  
Herr  
Drakulich  
Young

Other interested citizens, list of which is hereto attached as Exhibit A, page 1.

SB 420 having been passed and signed by the governor March 15, 1973, allowed acupuncture demonstrations to begin on March 16th, 1973 - continuing for approximately two weeks.

The original limit set as to the number of patients Professor Lok was to treat was 40. Since then, several have been allowed in for treatment, and over 734 requests for treatment were denied.

SB 448: Regulates separately, practice of chinese medicine. (BDR 54-1396).

Mr. Arthur Steinberg, President of the American Society of Acupuncture testified as spokesman for the society. He explained how he became interested in acupuncture after having been treated successfully by Professor Lok in Hong Kong. His hearing was restored 50%, and Mrs. Steinberg's migraine headaches were relieved as a result of acupuncture treatment.

He briefly explained what acupuncture is, and stressed emphatically, the 92.4% success factor in curing a multitude of diseases and relieving pain. (For further detail, refer to Exhibit B hereto attached).

Mr. Steinberg explained that he had appealed to the Medical Board of Examiners in late December in order to be permitted

Senate

HEALTH, WELFARE AND STATE INSTITUTIONS  
MINUTES OF MEETING # 14  
MARCH 19, 1973  
PAGE 2

to conduct a demonstration of acupuncture techniques, but was denied this request. Consequently, a petition was circulated to those who requested same, and within three weeks, over 17,000 signatures were collected. The result of that collection is SB 448.

On Professor Lok's qualifications, Mr. Steinberg stated that he has been studying since age 12, and has been studying and teaching in China for over 50 years. Further, that he is recognized as 'the world's leading authority' on acupuncture. Refer to Exhibit C for detail.

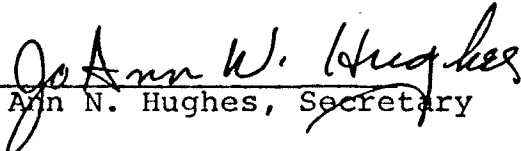
In the following discussion, regarding placing this practice in a hospital, the majority of witnesses who had received treatment thought that a hospital was not necessary, since it was a very simple procedure. Senator Herr added that if this were done, the cost would rise, and therefore become prohibitive to those poor people who were in the best justified need.

Mr. Steinberg included his opinion that-if an M.D. were placed on this board, it would result in the death of this bill as well as the practice of acupuncture here in Nevada.

Several witnesses who had benefited from acupuncture treatments urged the committee to pass this bill without qualification; some testimony being very emotional in this appeal. For a list of those witnesses, please refer to Exhibit A, hereto attached.

Time having lapsed, the meeting was adjourned at 11:00 a.m., with continuance scheduled for one week from this date or March 26, 1973.

Respectfully submitted,

  
Jo Ann N. Hughes, Secretary

APPROVED:

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Lee E. Walker, Chairman

S: B 448  
Prof. Kang.

# Print Plain

NOTE: If you plan to testify and have printed matter for the committee, please give a copy to the secretary before you begin your testimony. A total of 10 copies are needed. Thank you

NAME	DEPARTMENT AND POSITION OR TITLE	TELEPHONE	CHECK ONE PLEASE	
			(v) WITNESS	(v) Observer
1 Louis L. Costo		358-1374		<input checked="" type="checkbox"/>
2 D.T. Costo		358-1374		<input checked="" type="checkbox"/>
3 J. Sanders	L.V. = W.	457-6153		<input checked="" type="checkbox"/>
4 T. Sanders	" W.			<input checked="" type="checkbox"/>
5 W. Neff	- Health Dept.			<input checked="" type="checkbox"/>
6 D. Holden	New Medical Assn.			<input checked="" type="checkbox"/>
7 D. Thorne	observer			<input checked="" type="checkbox"/>
8 M. Lawson	observer			<input checked="" type="checkbox"/>
9 Mr. Wahrenbrock	-			<input checked="" type="checkbox"/>
10 H. Daniel P.				<input checked="" type="checkbox"/>
11 J. Rogers				<input checked="" type="checkbox"/>
12 P. Daniels			58448	<input checked="" type="checkbox"/>
13 O. Joyce				<input checked="" type="checkbox"/>
14 D. Steinburg	Pres. P.S. of Ac. Inc			<input checked="" type="checkbox"/>
15 M. Coniglio				<input checked="" type="checkbox"/>
16 J. Billney				<input checked="" type="checkbox"/>
17 J. Billney				<input checked="" type="checkbox"/>
18 J. Billney				<input checked="" type="checkbox"/>
19 J. Billney				<input checked="" type="checkbox"/>
20 J. Billney				<input checked="" type="checkbox"/>

Exhibit 4

Sarah Ann Knight - 648-5256 #14-8

Virgie Fitzgerald

Hattie Chiles - 648-2728

Corleen Smythe 451-1434

Mr. Smythe

Pat. 451-3199

Mr. & Mrs. Roy Simpson 565-9683

Gene Johnson 382-7373

Mava 642-3575

Cherise Smith. 9

✓ Mark & Lucille Richards ✓ 734-2028 or 735-4656

✓ Maxine Scurra ✓ 565-8614

✓ Harvey Cannane 735-1472

✓ Mike Szymala 451-4486

✓ Gerald Howard deceased - Call Daughter 452-7624

✓ Kay Whitaker 382-4769 Call

✓ Betty Weisman ✓ Daughter 734-7085 739-6070

✓ Mindy Lomis 451-3944

✓ Harry Plummer ✓ 384-3882

✓ Delores Rockwith 878-1727

Bil Carmuth Boston 736-4260

✓ Mary Carraway work 382-1474

✓ Phyllis Cotter 451-2652

John Ritz 457-3801 A.M.

\* Tina Cox Daughter 384-1088 - work 385-8497 or 8494

✓ Mr. & Mrs. Nick Sankovich 870-5791

\* Jane Peterson 642-1337 (last pm) Jackie friend

NEVADA  
STATE  
MEDICAL  
ASSOCIATION

3660 BAKER LANE • RENO, NEVADA 89502 • TELEPHONE (702) 323-6788

JOHN P. SANDE, M.D., President  
THOMAS K. HOOD, M.D., President-Elect  
JOHN W. CALLISTER, M.D., Secretary-Treasurer  
WILLIAM D. O'GORMAN, M.D., Immediate Past President  
HUGH C. FOLLMER, M.D., AMA Delegate  
C. NORMAN CHRISTENSEN, M.D., AMA Alternate Delegate  
NELSON B. NEFF, Executive Director

March 17, 1973

Hon. Lee E. Walker, Chairman  
Committee on Health, Welfare and State Institutions  
Nevada State Senate  
Legislative Building  
Carson City, Nevada

Dear Senator Walker:

In a meeting held today, the Executive Committee of the Nevada State Medical Association voted in support of A.B. 673 which will allow evaluation of potential hazards and benefits of acupuncture.

Sincerely yours,

*John P. Sande, M.D.*  
John P. Sande, M.D.

copy  
#14. P. 1 of 7

AMERICAN SOCIETY OF ACUPUNCTURE, INC.

*Cable Address - Bias*

SUITE 416 FIRST NATIONAL BANK BLDG.  
302 E. CARSON ST.  
LAS VEGAS, NEVADA 89101  
TEL. (702) 384-5726

November 9, 1972

Dr. Reuben Zucker  
901 Rancho Lane  
Las Vegas, Nevada

Dear Dr. Zucker:

This short synopsis will give you some information regarding the background and experience of Professor Lok Yee Kung, also known as Benjamin Lok.

Professor Lok is 59 years of age and began studying acupuncture in China in 1924 under one of the outstanding master acupunctuists and practitioners of Chinese medicine.

He is one of the few Chinese master acupunctuists in the world. He is licensed to practice traditional Chinese medicine which includes acupuncture. He is President of the Hongkong Association of Acupunctuists, President of the Hongkong College of Chinese Acupuncture, President of the Kowloon College of Chinese Medicine, and Honorary President of the Kowloon Association of Chinese Medicine.

He is Senior Advisor of Chinese Medicine to the Hongkong Chinese Civil Servants (Hongkong Government).

Also, he is advisor to many organizations, some of which are: the "L'Organisation Pour L'Etude et Le Development de L'Acupuncture", the International Association of Modern Chinese Medicine (Japan), the Kyoto Pain Control Institute, the "Organo Ufficiale Medico-Scientifico Della Societa Italiana Di Agopuntura".

Pursuant to many invitations, he has lectured in many countries before societies and other medical

Dr. Reuben Zucker  
Page 2

groups. For example, in 1970, he was invited to lecture at the First International Congress of Acupuncture in Italy. That same year, pursuant to invitation, he lectured before Medical Associations in France, Switzerland, Germany and England. In 1971, he only had time to respond to one invitation when he lectured at the International Congress of Biological Medicine in Lausanne, Switzerland. In 1972, he lectured in Sydney, Australia at the College of Acupuncture. While in that area, he visited and lectured at various health departments and hospitals, including the Royal New South Wales Institute for Deaf and Blind Children in Sidney, the St. John of God Hospital in Burwood, and the Canberra Hospital in Canberra.

Professor Lok is presently in the United States to lecture at the College of Osteopathic Medicine and Surgery in Des Moines. He has also accepted an invitation of Dr. Ralph E. Badish, Professor of Medicine at the University of Southern California School of Medicine, to lecture at the Rancho Los Amigos Hospital.

In February, 1973, he has accepted an invitation to lecture before the Medical Society of the State of New York. Numerous organizations in the States have invited him to appear in lectures, but he is unable to comply because of his limited time.

He has been given a number of honorary degrees for his outstanding knowledge and skill in his field. For example, the British College of Acupuncture awarded him a Certificate of Doctorate of Acupuncture and Professor of Acupuncture.

Professor Lok has been lecturing and teaching for 17 years. At Kowloon College of Chinese Medicine where he lectures and teaches, he has given several classes of acupuncture, to-wit: primary, advanced

Dr. Reuben Zucker  
Page 3

practitioner and master practitioner. His courses include anatomy, physiology, etc.

He has taught students from all parts of the world, and each year the enrollment for his classes far exceeds the classroom capacity and many have to be refused admittance.

Sincerely,

AMERICAN SOCIETY OF ACUPUNCTURE, INC.

*Arthur Steinberg*  
Arthur Steinberg  
President

AS:g



ALBERT EINSTEIN COLLEGE OF MEDICINE  
BRONX MUNICIPAL HOSPITAL CENTER  
Pelham Parkway South and Eastchester Road  
Bronx, New York 10461

57  
7.

DIVISION OF DENTISTRY

William Rakower, D.D.S., Director

(212) 430-5515

5516

5519

December 21st,  
19 72

Professor Lok Yee-Kung  
16 Kimberley Road, Fourth Floor  
"H", Kowloon,  
Hong Kong

Dear Professor Yee-Kung,

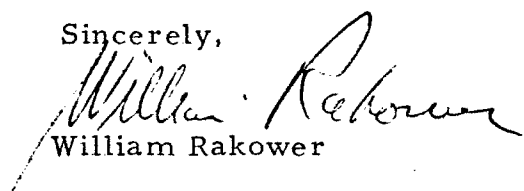
Doctor Stanley Spiro of our Hospital has advised me that you had agreed to speak to our group on the subject of "Acupuncture". Accordingly we have made arrangements with the Dental Department of several other hospitals in our city to attend your lecture on this subject, which is of great interest to us. I am enclosing a copy of the notice that has gone out to the Dental Journals concerning this lecture.

Since your talk will be attended primarily by dentists, will you please orient the talk specifically to the field of dentistry, either treatment, anesthesia, or both.

I look forward to seeing you on February 14th. If you will let me know when you are arriving in New York perhaps we can arrange to meet beforehand.

Thank you very much for accepting this invitation.

Sincerely,

  
William Rakower

wr:wg

cc: Dr. Stanley Spiro

50.

DENTAL DEPARTMENTS SPONSOR ACUPUNCTURE LECTURE

The Departments of Dentistry of the following hospitals, in cooperation with the Federation of Jewish Philanthropies, are jointly sponsoring a lecture and discussion on the subject "The Application of Acupuncture Techniques in the Practice of Dentistry", to be held on Wednesday, February 14, 1973, at 7:30 P.M. in the Auditorium of the Basic Science Building of the Mt. Sinai School of Medicine, 10 East 102 Street, New York, New York.

The principal speaker will be PROF. LOK YEE-KUNG, President of the Kowloon College of Chinese Medicine, and of the Hong Kong College of Chinese Acupuncture.

Albert Einstein College of Medicine  
Bronx Municipal Hospital Center  
William Rakower, Director

Beth Israel Hospital  
Charles E. Barr, Director

Hospital for Joint Diseases  
Leonard Quitt, Director

Montefiore Hospital  
Norman Trieger, Director

Mt. Sinai Hospital  
Jack Klatell, Director



DEPARTMENT  
OF  
HEALTH SERVICES

# COUNTY OF LOS ANGELES

## RANCHO LOS AMIGOS HOSPITAL

7601 EAST IMPERIAL HIGHWAY  
DOWNEY, CALIFORNIA 90242  
(213) 773-4331 OR 869-0921

December 14, 1972

EUGENE R. ERICKSON  
ADMINISTRATOR  
HAROLD MAZUR, M.D.  
MEDICAL DIRECTOR

Professor Lok Yee-Kung  
C/O Suite 416 (Mr. Arthur Steinberg)  
First National Bank Building  
302 E. Carson Street  
Las Vegas, Nevada 89101

Dear Professor Lok:

Our medical staff people at Rancho Los Amigos Hospital are indeed grateful for the very informative and stimulating lecture, film, and demonstration you presented on December 12, 1972. Many of our physicians are now formulating plans for further pursuit and application of the subject.

We are also highly pleased that Mr. Steinberg was present. His comments were taken as highly significant and representative of the manner in which the Western mind should begin to incorporate this important modality of treatment.

I shall be most interested in the development of the American Society of Acupuncture and would deeply appreciate continuing contact from you and Mr. Steinberg.

We wish you a pleasant journey back to Hong Kong, where a check for your valuable contribution to our hospital will soon arrive.

Sincerely,

Ralph E. Bodfish, M.D.  
Chief, Department of Medicine  
Rancho Los Amigos Hospital

Professor of Medicine and Radiology  
University of Southern California School of Medicine

REB:ldt



NEW YORK UNIVERSITY MEDICAL CENTER

Institute of Rehabilitation Medicine  
400 EAST 34TH STREET, NEW YORK, N. Y. 10016  
AREA 212 679-3200  
CABLE ADDRESS: NYU MEDIC

February 16th, 1973

My dear Professor Lok:

This is a letter of gratitude to you for participating in our research and teaching seminar here in the Department of Rehabilitation Medicine, New York University Medical Center. Your participation has been most helpful and we again are grateful to you for joining us in discussing and demonstrating these research procedures in acupuncture here in our pilot research project in the Medical Center.

Gratefully yours,

HAR:mc

Howard A. Rusk, M. D.  
Director

Professor Yee-Kung Lok  
Americana Hotel  
811 Seventh Avenue  
New York, New York

14. page 10  
PINE REST  
CHRISTIAN  
HOSPITAL

6850 S. DIVISION AVE.  
GRAND RAPIDS  
MICH. 49508-534-4941

January 10, 1973

Mr. & Mrs. Arthur Steinberg  
American Society of Acupuncture, Inc.  
Suite 416  
First Nat'l. Bank Building  
302 E. Carson St.  
Las Vegas, Nevada 89101

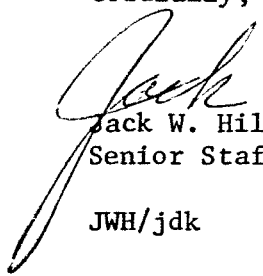
Dear Art and Shirley:

This is to express my personal gratitude for the fine hospitality, the sumptuous meals, and the outstanding sight-seeing and entertainment we all have received as a result of your warm friendship and generosity.

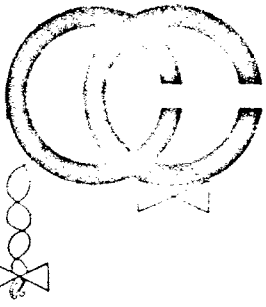
Most of all, I appreciated this opportunity to visit and chat with you and Dr. Lok Yee Kung. His sincerity and dedication to the cause of medicine, through his expertise in Chinese medicine and acupuncture, places your encouragement of his teaching these skills as a God-send in the contribution to American medicine!

Joann sends her warm regards.

Cordially,

  
Jack W. Hill, M.D.  
Senior Staff Psychiatrist

JWH/jdk



# CHILDREN'S CENTER

PINE REST CHILDREN'S CENTER • 6850 S. DIVISION AVE. • GRAND RAPIDS, MICH. 49508 • (616) 455-5000

STUART BERGSMA, M.D.  
Supt., Pine Rest Christian Hospital

RONALD VAN VALKENBURG, M.D.  
Director, Children's Center

January 16, 1973

Mr. Arthur Steinberg  
American Society of Acupuncture  
Suite 416  
First National Bank Building  
302 E. Carson Street  
Las Vegas, Nevada 89101

Dear Mr. Steinberg:

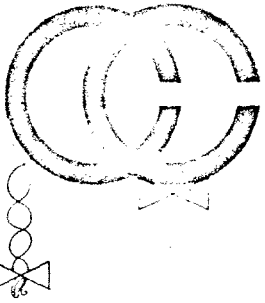
I would like to take this opportunity to thank you personally for making the trip to Las Vegas to visit with Professor Lok available. The opportunity to have Professor Lok share with us his knowledge and experience in the field of Chinese Medicine and the theory and practice of acupuncture was a valuable experience for me as well as the other staff members who represented Pine Rest.

We have shared our experiences with the Board of Trustees, the other Medical Staff members and the Administrative Staff of the Hospital. The arrival of the film has been eagerly anticipated by the entire staff.

I would look forward to you and Mrs. Steinberg visiting Grand Rapids and anticipate sharing some time with you. Again, thank you for your very gracious hospitality.

Sincerely,

Ronald J. Van Valkenburg, M.D., M.P.H.  
Director, Children's Center  
Chief, Medical Staff



# CHILDREN'S CENTER

PINE REST CHILDREN'S CENTER • 6850 S. DIVISION AVE. • GRAND RAPIDS, MICH. 49508 • (616) 455-5000

STUART BERGSMA, M.D.  
Supt., Pine Rest Christian Hospital

RONALD VAN VALKENBURG, M.D.  
Director, Children's Center

January 8, 1973

Mr. and Mrs. Arthur Steinberg  
3737 Decade Street  
Las Vegas, Nevada 89121

Dear Mr. and Mrs. Steinberg:

Thank you so much for your hospitality during our stay in Las Vegas, and for making such an educational experience available to us. I enjoyed meeting you and appreciated your warmth and openness. I left Las Vegas with many positive memories. I found Las Vegas a most fascinating city, especially the people and the excitement generated. I am most impressed, however, with Dr. Lok, who I found to be one of the most sincere, dedicated and wise man I have ever had the opportunity to meet. The impact of his presence and knowledge upon me will take some time to fully integrate.

Thank you for a truly wonderful educational and vacation experience.

Sincerely,

William E. Van Eerden, M.D.  
Senior Staff Psychiatrist

WVE/mjp

Exhibit E 0.107  
# 14  
1/17/73

Dr. Lee described the Chinese charts that show the spots on the body for ins...

"That's not fair," she said. "I really deplore people thinking of this as a cure-all. I want to do more research, more honest evaluation."  
The course, she said, should be rewarding enough "to encourage doctors to in-

# School to Offer Doctors Course in Acupuncture

By Ron Moshowitz  
Education Correspondent

The first how-to-do-it acupuncture course in the U.S. for medical doctors will start in San Francisco on January 6. The Chronicle learned yesterday.

The course will run for 12 Saturdays and will be open to physicians, dentists and podiatrists. It has been accredited by both the California and American Medical Association.

Dr. Jane W. Lee, a medical doctor and acupuncturist, will be the main instructor.

But the school will also accept unlicensed "Chinese doctors" and acupuncturists from Chinatown.

The all-day sessions will be held at the San Francisco School for Health Professions at 1550 California street. Enrollment will be limited to 30 doctors willing to pay a tuition of \$1000 each.

Dr. Lee talked the small private school into offering the post-graduate course after the UC's San Francisco Medical Center turned it down.

The school, started by 20 medical doctors here, now trains only para-medical personnel such as medical secretaries, inhalation therapy technicians and operating room technicians.

Dr. Embree H. Blackard Jr., president of the school's board of directors, said that other post-graduate courses will be offered "where there is demand." He conceded that the board was split on whether to offer acupuncture.

Dr. Lee, a member of the board of directors of the San Francisco Medical Association, was interviewed in her offices at 909 Hyde street. Large charts on her wall showed the nearly 500 points on man's body where needles can be inserted to stimulate or sedate the nervous system.

"She said that while she practices some acupuncture, most of her practice is still "Western medicine." She said she hopes the course would help other physicians integrate the centuries-old medicine of China with Western medicine.

"We in the Western medical world must be cognizant of other modes of treatment," she said. "We need all of the knowledge we can get."

The harsh ring of the telephone interrupted the inter-

view. She chatted for a minute, then hung up.

The caller, she said, was referred to her by another physician after two operations failed to relieve the pain resulting from an arm injury sustained in an auto accident. She had given him one acupuncture treatment and he was calling to say that the pain and burning were "almost completely gone" for the first time since the accident.

## ATTITUDE

Dr. Lee conceded that some members of her profession think of acupuncture as "just another fad" because medical science cannot prove conclusively how it works.

"Well, we don't know how aspirin works after using it for thousands of years," she said. "But we still use it."

"I'm not asking that we go out and make this a pin-cushion nation. I'm just asking for a chance."

Dr. Lee is pioneering a uniform system for identifying the various needle points on the charts, which now lists

them only by their Chinese names. She has devised a numbering system which she hopes she can convince American physicians to use in their research so their data points will be standard.



✓ George W. Herbach	437-5709	
- Pie Mae Bark	452-8891	
✓ Lucille Sivoraky	876-2032	
Jack DeLong	451-8324	
Lois DeLong	" "	
Rachel Moore	" "	
✓ Janet Burke	735-8410	
✓ Victor Brown	878-1340	
✓ Ernest Tolles	564-1525	
Marie Walker	736-3834	
- Doris Evans	385-2444 (work)	
✓ Mary DeVore	457-6281	
✓ Angela Russo	734-6582	
✓ Mrs. <sup>Betty</sup> Hearnig	734-8540	
✓ Carl Blue	878-5241	
Eddy Malkevic	878-4666	
✓ Aida Bertram	382-4260	office Ext. 30 (Mylda)
✓ Ernie Lewis	451-5678	
✓ Lorene Adams	878-8038	"
- Jan Justice	" "	
Fredrika M. Pherson	451-8653	
Fred Kuesthoff	565-5874	
✓ Mrs Helen Fields	452-7183	
Dee Simon	382-4679	
Ruby White	564-5315	
Charlotte Crowley	564-1811	
✓ Margaret Ward	382-4769	
✓ Bob Hunter	878-1196	
✓ Bill Parquet	385-4897	

Dean Schmidt	384-9684
Barbara Burger	457-6066 (make)
Helen Hutter	384-8784
Ed Lougan	870-2421
Bob & Betty Smith	736-2122
Len & Joe Carlson	384-8410
Ben & Helma Roth	452-7311 (make)
Bob Becker	736-4280
Esther Spahr	736-7775
Margaret Williams	692-2249
Tom Cannon	565-5813
Anna Joe Hefzoff	452-4163
John Cannon	648-8358
Charles Epton	734-0920 (make)
Helen Mc Donald	736-4515
Mary Bonister	457-3465
Ann Singleton	735-2731
Gene Crocker	735-4318 (make)
Ray Morgan	870-6575
Edith Barrett	235-8730
Jimmy Hill	235-3524
Rich Simmons	734-1372
Russell Gibson	564-5965
Sam Sebastian	384-2912
Bell Karavacalis	870-1003 (make)

28  
 23  
 4  
 221  
 360  
 70

- Mary Posner	739-7343	Call P.M.
- Mary DeFore	<del>457-6281</del>	Call P.M.
- Pete & Ginger Pederson	648-5451-648-7580	
- Carl Blue	878-5241	Call after 11 A.M.
- Sam Riccobono	648-6655	Call P.M.
- Dolores Browning	735-2993	
- Josephine Nelson	565-8022	
<del>And Weasthoff</del>	<del>565-5874</del>	
<del>Gray Carroll</del>	<del>382-6434</del>	
✓ Mrs & Mrs McLeod	457-7766	
✓ Bobbe Searing	734-8540	
✓ Joe Nacio	735-3637	Sat. Morn. 10:05
✓ Albert Lomayo	384-6405	
✓ Gertrude Kirschbaum	451-9430	
✓ Carl Smith	565-3103	
✓ Irene Martin	451-7765	Call P.M.
Barbara Brimmer	878-0793	
Margaret Ratcliff	642-0410	Call P.M.
✓ Jack Rosenthal	734-1627	Call after 12:05
Jan Mall	457-5425	
Ted Lawrence	735-2655	
Bob Fitz	732-3918	Call after 12:05
✓ Elliott Day	878-9710	
✓ Glenda Bowden	382-6038	Call after 6:05
Ray Godfrey	Call Riviera	Graveyard shift
Mrs. Bergendorf	Cosmo Center apt. # 22	
✓ C. Sibbons	732-3668	
✓ Gertrude Battalocke	" "	
✓ Marie Richardson	735-7089	

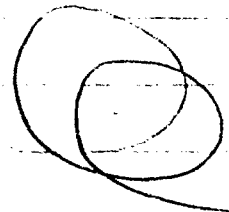


Erlynn Pemath	736-2183
Elizabeth Robinson	878-8846
Gene Kovach	736-1997
Lee Sharon	736-6786
Mr. Tedder, Tom	451-3743
Carol Henriksen	451-1428-564-2240
Mr. & Mrs. Bain	565-9434
Wm. Boyd	Call John Babcock
Francis Gilbert	735-3804
Eva Stark	870-5056
Mr. Mark Smith	457-4202
Mary Kolf	735-2678
Harriet Chamberlain	451-1287
Pat Sprout	451-3369 - Home - 452-1960
Richard Walker	698-3467
Cherise Smith	564-1070
Ruth Hartzke	384-5250
Marietta Cade	648-5735
James C. Nelson	878-7517
Sandy McFarlane	649-4434
Serald Edwards	648-8237
Carl Tacker	457-5004
Gene Heppenbaugh	382-9958
Kadeel Kremer	384-2284

- William Shoune	452-2911	
- Essie Dickerson	457-0404	
Tom and Carolyn Ray	564-5355	
Ruth Miller ✓	564-1430	Rita Parks
John Safcock	565-8375	736-2707
Harold Piercock	648-4219	734-6961
Terraine Jussey Salt Lake City Utah		<del>4624</del> 359-4009 <del>564-0164</del>
Larva Nelson	457-4027	Nipper
- Jan Beecher	878-4255	735-4536
- Jerry and Margene Hockley	735-4886	735-4526
Paul Terkacina	870-6115	
Cliff Williams	564-1454	608 AVE. I
John Perhab + Madeline ✓	293-2493	Boulder City
Eva Koermer	293-1742	307 LA Platas
Mary Coalburn	457-7846	Boulder
- Rosabe La Belle	878-6483	City
Don Fedder	452-8439	
- Marie Boesck ✓	565-8102	
- Charles Gray	457-0245	
✓ Bernard Jette	451-4460	
Rita Beetsli	735-6714	
✓ Jerry Struthers + wife	385-1507 (Call again)	
✓ Emma Struthers	565-3011	
Mrs. Winnighoff	565-7017	
✓ Anita Salomi	870-3351	
Mrs. John Manzonie	878-3031 AFTER 3:00	
TERRY Cooperman + husband	735-8250	
Mr. + Mrs. Al Goot	735-4254	
✓ DONNA Branch ✓	735-5741	

✓ Wesley Lott ✓ 649-3745 (work) 382-1929  
✓ Bill Hill Carpenter 382-2747  
~~Henry Strode 736-4687~~  
George Zetter 735-6387  
✓ Louise Ritter - Dr. Wm. 457-5099  
Betty McCann ✓ 734-8652

Hela Owens - 648-2532



✓ Mrs. Miva Hill ✓ 736-2714  
Bob Connelly - 878-1520  
\* Sunny Leonious ✓ 732-2805 Call late.

## PRESSURE POINTS

PUBLISHED BY A.P.P. TECHNIQUE SEMINARS  
A DIVISION OF THE ACADEMY OF CHINESE MEDICINE

# ACUPUNCTURE STUDY GROUP OF SIXTY TOURS THE ORIENT

One of the largest groups to visit the Orient in order to pursue their studies of the ancient Chinese art of acupuncture left the United States on November 10th bound for Tokyo, Kyoto, Taipei and Hong Kong.

The itinerary for the group included visits to Oriental hospitals and clinics in order to see acupuncture performed on a first hand basis.

For two weeks the doctors will travel in the Orient hearing lectures, attending seminars and workshops, and observing acupuncture as it is performed in the Orient. The Orientals follow different procedures from the occidentals in as much as they will treat 20 to 40 patients at a time administering various types of treatment simultaneously.

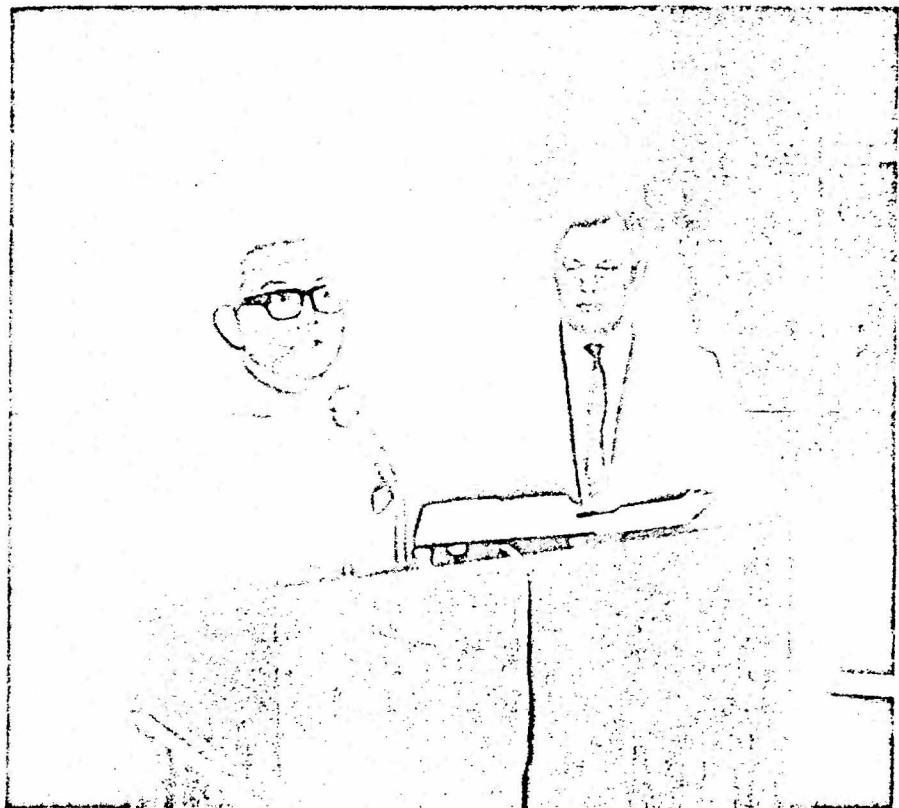
There are, of course, the "fringe" benefits of visiting industrial Tokyo, exotic Kyoto, interesting Taipei and fascinating Hong Kong, where Christmas shopping should be the world's greatest.

For those doctors who do not make the tour, an article covering all of its facets will appear in our next newsletter.

## Punctured Psychology

"Her gall bladder's acting up,  
She has trouble with her ticker.  
No matter how I've suffered,  
My friend claims she's been sicker.  
I'm afraid our conversation  
Is finally at this juncture:  
The only way to top her  
Is to have an acupuncture."

### FIRST PACIFIC ACUPUNCTURE CONVENTION



Dr. Edward Wong and Dr. Felix Mann at the 1971 International Acupuncture Convention in Germany

Since so much interest in acupuncture has been evidenced by doctors all over the United States, we are now planning the First Pacific Acupuncture Convention to be held in Honolulu in early 1973.

One of the principle attractions will be lectures and workshops given by some of the biggest names in the field of acupuncture. We are inviting Dr. Felix Mann, author of many books on acupuncture, Dr. Dieter Gross of Germany, Dr. de Tymowski of Societe Internationale de Acupuncture, Dr. Manaka of Tokyo and Chan Kai Yuen

of Hong Kong. In all, we hope to have seven countries represented.

Those of you who have already attended our basic acupuncture seminar will be interested to learn that we will offer several advanced technique workshops during the convention and attendance of these will constitute eligibility for the exam leading to a diploma in acupuncture. This exam will be given at the convention.

Further information on the convention will be forthcoming in our next newsletter. Should you require details prior to that time, please feel free to write to A.P.P. Technique Seminars.



# UNITED WE STAND

Since A.P.P. Technique Seminars office gets calls from doctors all over the country relating both their successes and problems in the use of acupuncture in their daily practice, we have the following to suggest: if small groups of doctors in a common area would be willing to meet once or twice a month the results should prove most beneficial. Ideas could be exchanged, new techniques discussed, difficult cases talked over, problems solved, and a unification would be established.

We understand that a small group such as this is already meeting in Dallas, Texas, so that the doctors involved can strengthen each other's knowledge of acupuncture.

A.P.P. Technique Seminars would be most happy to aid such group meetings by helping with any problems, mailing additional information, or perhaps dropping in if the visit is compatible with our seminar schedules.

Should any of our doctors be interested in forming such a group, we would be most happy to aid in its inception.



*"Really, Chang, why don't you just take an aspirin?"*

## THE HISTORY OF ACUPUNCTURE

A human porcupine—that's the impression an acupuncture patient makes on an onlooker. Actually, the theory behind this rather unusual procedure in medicine is sensible and sound, if somewhat unorthodox to our Western minds.

The history of acupuncture dates back at least 35 centuries. At that early time some prehistoric artist recorded acupuncture treatments by depicting them through etchings on bones. Much later, about 25 centuries ago, the first medical book was written in China. It was titled *The Yellow Emperor's Classic of Internal Medicine* and reputedly resulted from the Yellow Emperor asking his chief physician: "Tell me all about Nature, the Tao, the laws of acupuncture." The book is then question and answer conversations that followed, giving free rein to the recording of Chinese medicinal practices which were already ancient at that time.

Unlike our Western books, however, the Emperor's Classic deals with the subject of medicine as combined with Chinese philosophy, for the Oriental sees the two as very interrelated. This is perhaps best illustrated by the symbol of Yin and Yang.

Yin and Yang is important because this idea molds most Chinese thought and outlook and is inseparable from daily actions. Yin symbolizes female, cold, negative, dark; Yang personifies male, warmth, positive, light. The two are enclosed by a circle depicting the great unity or Tao, that is, infinity or nothingness.

To the Chinese, everything in the universe fits into one of these two principles, including man and his body, for the Chinese agree with the ancient Greeks in seeing man as the microcosm and the universe as the macrocosm. To each of our organs, therefore, is assigned the qualities found in Yin and Yang. Balanced interplay between these two forces gives us perfect health.

Acupuncture comes into the picture when there is an imbalance, or illness, in the body. It consists of either stimulating or retarding the flow of energy along certain lines, called meridians.

Acupuncture is seldom used at the point at which the patient feels pain or discomfort. This is due to the disbelief that the imbalance area has sent a sort of warning signal to the body

via the nervous system. The acupuncturist can then work the process in reverse, aiding the nerve ending, which passes the aid back to the imbalanced organ.

There are five methods employed in acupuncture: heat, electricity, needles, cupping and pressure. These are all equally effective. The key to all the methods lies in the knowledge of the location of the acupuncture points along the body's meridians. Through these, the doctor can stimulate or retard the flow of body energy.

Acupuncture is concerned with healing without the use of drugs and by allowing the body to restore itself to health through its own means once it has been helped by the doctor. The acupuncturist often thinks of the body's healing ability as the "life force" or "body energy".

Acupuncturists are seriously concerned with preventative measures. Because of their involvement with the total health of their patients, they are interested in recognizing problems before they become serious and cause imbalance in the body. By following this protective approach, they are usually able to prevent sickness and allow patients to enjoy good health.

# Acupuncture Is Now

Acupuncture has quickly become one of the subjects of highest interest in the U.S. The interest began, of course, with President Nixon's visit to Red China and has mushroomed rapidly in the public eye as well as among practitioners. This is due to laymen seeing a new hope for curing their pains and to doctors finding another method to use in helping their patients.

## Wong Pioneer in Acupuncture

Dr. Edward Wong has been a pioneer in bringing acupuncture to Medical Doctors and Doctors of Osteopathy just as Drs. Hauser and Pennel of Clinic Masters have been pioneers in introducing this Chinese art of healing to Doctors of Chiropractic.

## Two Standard Seminars

There are two large, standard acupuncture seminars offered in the U.S.; A.P.P. Technique Seminars and those of the American Society of Acupuncture, taught by Drs. Yennie and Nagayama. Both of these groups endeavor to translate Oriental thought and methods to Occidental doctors and practitioners. Many other courses are offered, of course, both by groups and by individuals, such as Shu in Seattle and Leong Kwok Yuen in Vancouver. Dr. V. L. Bridges of Battle Creek is also teaching autonomic nerve adjusting technique seminars, which are based on acupuncture.

## Some Creating Difficulties

For the most part, these courses are authentic and worthwhile. Unfortunately, and this is usually the case when anything new springs to public attention, there are also some "authorities" on acupuncture who are merely jumping on the bandwagon because they think they see the road to profit in acupuncture's overnight popularity. Such people are creating difficulties in acupuncture's being accepted by the boards and associations of the healing profession. The doctors who attend these courses are, of course, the best judges. They may, however, have to spend a great deal of money before arriving at their judgment.

## State Associations Moving

In order to prevent such things from being carried too far, state associations and state boards of examination are moving to recognize only the qualified groups teaching acupuncture.

## WE AREN'T HIDING ANYTHING!

It has come to our attention that some of the doctors have been unhappy with the fact that we do not publish the name of the hotel at which our seminars are conducted. This is due to our policy of requiring doctors to pre-register through our office early rather than show up at the seminar at the last minute. We do not have any registration facilities at the seminars and need to know the number of doctors attending in order to make complete hotel arrangements. In addition, to maintain complete office records, it is necessary that all paperwork be done prior to seminar opening.

## MY DENTIST USES NEEDLES

Popular Science, September, 1972— If the thought of dental acupuncture is too painful for you to bear, skip this item. But it has been tried, successfully, in England, at least three times. Dr. Felix Mann, head of the Medical Acupuncture Society in London, reports that a dentist placed needles in his patients' hands and feet, then drilled near a nerve, with no pain in two of the patients and only slight, momentary pain in the third. No mention of how painful the needles were.

## EDITORIAL . . . . .

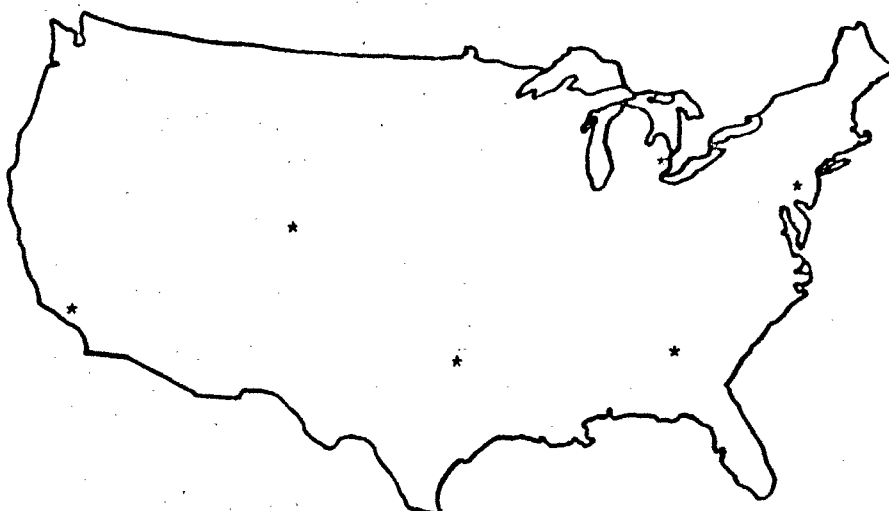
## To the Point

There is a misconception running rampant in the general public's mind today apropos of acupuncture. Because of the unusualness and striking impression of acupuncture needles, the publicity has been aimed largely in that direction. Consequently, most laymen and even many practitioners are unaware that needles are only one of five methods employed in acupuncture. We feel that it is essential to stress that acupuncture is NOT needles. Instead, it involves moxibustion or heat, instruments or electricity, thumb and nail pressure, and cupping or suction, as well as the needles. None of the methods are superior to the others. Rather, one may be more appropriate than another for a given condition or point and would therefore be the obvious vehicle for that particular acupuncture use.

We feel that this knowledge is particularly important in view of the resistance which has met the employment of needles in some areas. We suggest, therefore, that an open mind is the best approach to the subject of acupuncture and that the best method applicable be employed.

## SEMINAR CIRCUIT ESTABLISHED

In the past six months we have endeavored to conduct seminars in many areas of the United States, traveling to over 15 major cities. This schedule, however, has proven to be exhausting for Dr. Wong, so we have determined six major cities in which we will hold seminars beginning January 1, 1973. These will be: Philadelphia, Atlanta, Detroit, Dallas, Denver and Los Angeles. This will provide a central point for most areas within the U.S. There will, of course, be exceptions for groups in other areas who are able to organize seminars large enough to warrant holding a special seminar.





### DR. EDWARD WONG

One of the greatest items of interest on the current American scene is the ancient Chinese art of acupuncture. Although this healing method is 5,000 years old, it is new and exciting to the American public.

American doctors, too, are very interested in this Oriental technique as it offers another avenue of healing for their patients.

We feel, therefore, that you might be interested in an opportunity to be introduced to acupuncture and Dr. E. C. Wong, Master Acupuncturist from the Orient.

Dr. Wong has a personal history in acupuncture as he is from a family of acupuncturists and grew up with the art, learning from both his father and grandfather. His family's practice of acupuncture goes back six generations, starting in 1836.

After Dr. Wong learned Western medicine and graduated as an M.D. in China, he began actively promoting acupuncture in Southeast Asia, Europe, Australia and America. He is responsible for the establishment of research centers in Germany and Spain as well as the inauguration of several acupuncture societies throughout the world. He has traveled extensively to attend international conventions and workshops and in October, 1971, delivered the first full report on acupuncture anesthesiology to the Western world at the International Congress held at Baden Baden. He also contributed to the success of the acupuncture symposium organized during the A.M.A. Convention in California in July, 1972, through his personal invitation to Dr. Felix Mann. Through these international activities he has necessarily been closely associated with many of the renown names of the world of acupuncture: Dr. Felix Mann; Dr. J. de Tymowski, President of International de Acupuncture Society; Dr.

Dieter Gross of Germany; Dr. Akabane of Japan; Dr. Manaka; Dr. Nakatani and others.

Dr. Wong's efforts are not limited to promoting acupuncture, however, as he has also been teaching this ancient healing art to doctors since 1964. Teaching in the U.S. since late April, he has trained more than 300 M.D.'s, D.O.'s and D.C.'s in the art of acupuncture. Doctors of Dental Surgery and Doctors of Naturopathy have all studied under Dr. Wong's tutelage and have indicated a high interest in pursuing acupuncture in their practices.

Although Dr. Wong is only 38 years of age, he is very knowledgeable, as the doctors who have attended his seminars will attest. He, his wife, Margaret, who is a physiotherapist, and his four children are becoming U.S. citizens so that he can continue to devote his time to acupuncture in the U.S.

### ACUPUNCTURE SCORES AGAIN

HOUSTON (UPI)—Two doctors at the M. D. Anderson Cancer and Tumor Institute disclosed Thursday that they treated a patient with the ancient Chinese art of acupuncture with apparent success.

The doctors performed the treatment with an acupuncture kit twice last month on a 57-year-old woman who had an unexplained pain in the lower right leg and foot.

Relief of that pain could have required a serious surgical procedure known as cordotomy, which involves cutting fibers in the spinal column.

Acupuncture, as practiced by Chinese doctors for more than 3,500 years, involves inserting thin silver needles into one or more of about 360 different nerve sites on the body.

The doctors said they used acupuncture as a last resort before surgery. If it had not worked the surgery would have been performed.

## Doctor's Recommended List

We have received many letters from both laymen and doctors requesting the names of doctors who are practicing acupuncture and would be willing to use it to treat patients. We and therefore compiling a list of such doctors so that we can make recommendations to these people. We do not attempt to recommend one doctor over another, however.

The following are the doctors who are presently on our list:

Dr. Hugh Ilstrup, D.C.  
110 W. Camelback Road  
Phoenix, Arizona 85013  
264-3546

Dr. Maxine S. Brown, D.C.  
110 W. Camelback Road  
Phoenix, Arizona 85013

Dr. Richard S. Holman, D.C.  
2445 Springs Road  
Vallejo, California 94590  
707-691-0518

Dr. R. Reardon, D.C.  
2515 Pacific Coast Highway  
Torrance, California 90505  
213-373-1345

Dr. Pierce C. Evans, D.C.  
107 W. Oak or P.O. Box 443  
Lamar, Colorado 81052

Dr. Jerome R. Stewart, D.O.  
8721 E. Jefferson  
Detroit, Michigan  
822-1130

Dr. Katharine & Terry Hovey, D.C.'s  
18424 Soledad Canyon Road  
Saugus, California 91350  
805-251-1970

Dr. A. G. Tasaka, D.C., N.D.  
2533 Salt Lake Street  
North Las Vegas, Nevada  
642-9215

Dr. Gary Bennett, D.C.  
Magnific Clinic  
249 West 25th Street  
Houston, Texas 77058  
713-864-7739

Dr. W. F. Hankins III, D.C.  
413 Garfield Street  
Laramie, Wyoming 82070

Dr. C. H. McJunkin, D.C.  
1800 E. Bell Road  
Phoenix, Arizona 85022  
602-992-7030

Dr. Pete Johannsen, D.C.  
851 4th Avenue  
Yuma, Arizona 85364  
602-783-0601

Dr. Charles E. Foster, D.C.  
5586 Bloomfield Shopping Ct.  
Macon, Georgia 31206  
788-8106

Dr. C. A. Call, D.C.  
4314 East Indian School Road  
Phoenix, Arizona 85018  
955-1360

(Continued on Page 6)

## OUR DOCTORS WRITE



KAYE GIBSON

Serving as Administrator for A.P.P. Technique Seminars, Kaye Gibson concerns herself with the organization and management of the seminars rather than the clinical direction of acupuncture. She has, however, been interested in things Oriental for many years. This originates from having resided in Hawaii, collaborated with Dr. Wong on Chi Kung, another field of Chinese medicine; and traveled in the Orient.

Born in Houston, Texas, she attended college there, receiving her B.A. and M.A. in English literature. The subject of her Master's Thesis, incidentally, was Witchcraft In Renaissance England. She taught literature, composition and technical writing for the English department and served as a technical writer and administrative assistant for the engineering college at the University of Houston.

Her husband's work brought a transfer to Honolulu, Hawaii, where Kaye pursued her forte as a free lance writer for magazines. In this capacity, she became acquainted with Dr. Wong and assisted him by writing a textbook on Chi Kung. Living in Hawaii also permitted her to travel in the Orient.

Subsequent to her move to Denver, she and Dr. Wong aspired to work cooperatively to organize acupuncture seminars for U.S. doctors in an effort to extend the knowledge of Chinese acupuncture. Apropos of this endeavor, she has been invited to lecture, has appeared on television and radio and is currently writing a book.

She travels to the larger seminars held by Dr. Wong and herself, lectur-

Many of the doctors who have attended our seminars have kept in touch to relay their successes on to us. Because we thought that such results might benefit our doctors in general, here are a few of the reports:

**Dr. W. F. Hankins** of Laramie, Wyoming, finds acupuncture to be most beneficial in relieving the symptoms of asthma, sinus conditions, headaches and neuritis, especially bronchial and sciatic types.

**Dr. Gary Bennett**, Houston, Texas, reports excellent results in cases of shoulder pain and rheumatoid arthritis. In the former, a 68 year old female suffered from intense shoulder pain and could not move her arm. After three acupuncture treatments her pain

was gone, her arm was normal and she was dismissed.

A doctor in Phoenix reports success with the treatment of sinus headaches in patients with a long history of such problems.

An unusual item comes from **Dr. Fred Garland** of Dallas, Texas, who tried acupuncture on Blackie, the 12 year old family spaniel. Blackie has been deaf for the past year, but after pressure was applied to the appropriate acupuncture points, he now comes when called. **Dr. Garland** has also had good results with two patients suffering from hearing losses.

Success reports have also come from doctors in Michigan, Georgia, California, Nevada, Colorado and Illinois.

ing on the history and philosophy of acupuncture and coordinating the courses. When her presence is not required at a seminar, she carries on in Denver managing the business of A.P.P. Technique Seminars and promoting acupuncture.

Both she and Dr. Wong feel that acupuncture has much to offer as a healing art and would like to see it firmly established in the field of American medicine.

### UP, UP AND AWAY!

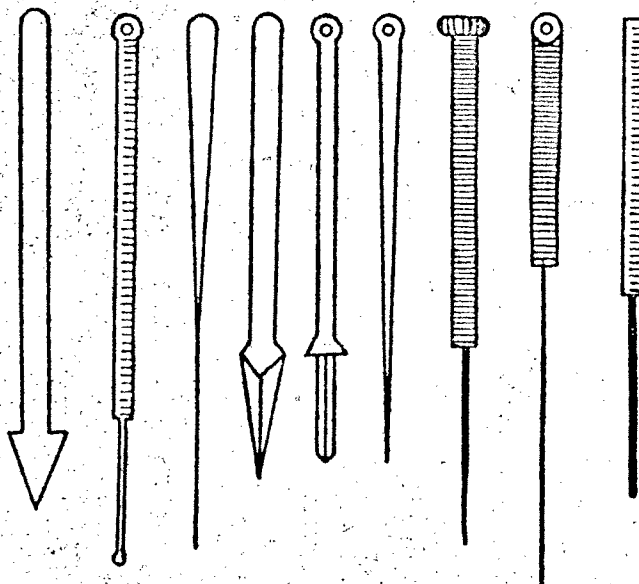
Due to the high costs of hotels and printing expenses, we have found it necessary to plan a fee increase effective November 1. Our previous seminar price was \$175.00; as of the above date, our fee is \$225.00.

### DID YOU KNOW? . . .

That the first Chinese needles were made of stone? In fact, acupuncture was discovered when it was noticed that a soldier shot with a stone arrow in one place, lost pain in another. Consequently, stone needles were used to treat patients for many years, as were needles made of bones.

In later times needles of porcelain were invented and used because of their smoothness and ease of insertion.

Still later, after metal was discovered, needles of different metals and alloys were employed until we come to today's needles of stainless steel and other more sophisticated materials.



HISTORICAL ACUPUNCTURE NEEDLES

# PUBLICITY

Acupuncture has certainly taken the healing world by storm, as is evidenced by high public interest everywhere one turns. The best examples are probably television talk shows and magazine coverage. Newsweek recently did a cover story on acupuncture which was both thorough and open-minded. One of Newsweek's reporters interviewed Dr. Wong at our office and explained that they were interviewing knowledgeable acupuncturists all over the U.S. and Canada. Our congratulations to them for an excellent compilation of material.

## Radio and TV Publicity

Both Dr. Wong and Kaye Gibson have been invited to appear on talk shows on radio and television, as well as to give public lectures. They tend to be careful about publicity, however, since they are unwilling to expose doctors who have attended seminars but do not yet feel capable in acupuncture to the public eye. Many of our doctors are practicing acupuncture already and, if the doctors so desired, have been put on our "Doctors Recommended List" to be given to laymen writing our office seeking help. We do not feel, however, that our seminars make doctors experts on acupuncture. It merely provides them with the tools; how diligently they use them is up to the doctors themselves.

## DOCTOR'S RECOMMENDED LIST

(Continued from Page 4)

Dr. Leroy O. Hoyte, D.C.  
846 Danforth Avenue  
Toronto 6, Ontario  
465-2431

Dr. William B. Marshall, Jr., D.C.  
6399 Sylvania-Petersburg Rd.  
Ottawa Lake, Michigan 49267  
313-888-7181

Dr. T. Alan Hawley, B.A., D.C.  
809 North A Street  
Oxnard, California 93030  
885-487-8582

Dr. A. J. Sosebee, D.C.  
1305 Broadway  
Little Rock, Arkansas  
372-0522

If you have attended our acupuncture seminars and feel yourself to be qualified for treating patients with acupuncture, we will be happy to add your name to our list. We do, however, request you be certain of your abilities before contacting us.

# ACUPUNCTURE IS HERE TO STAY

Birmingham, Alabama (UPI)—Acupuncture will soon be used to lessen the pain of some patients at the University of Alabama Medical Center.

Dr. Guenter Corsen, chairman of the anesthesiology department, said medical authorities in Peking had been asked to help arrange for a Chinese expert in acupuncture to come here and work with doctors.

"We just feel there are certain pain problems that are hard to treat using Western methods," Corsen said, "and we think acupuncture could give us more leeway in treatment."

## ACUPUNCTURE SET AT MED CENTER

Unless registered doctors are qualified through sufficient training, Acupuncture will not be accredited by the profession. A.A.P. Technique Seminars realizes that associations, state boards and state legislators are considering updating the laws to recognize acupuncture as a bonifide healing art in the United States. We have proposed the following program as a postgraduate course for those who are interested:

### ACUPUNCTURE TRAINING PROGRAM

COMPLETION OF THE FOLLOWING IS A REQUIREMENT FOR THE POST GRADUATE ACUPUNCTURE CERTIFICATION COURSE. (360 CREDIT HOURS)

- 1—General Introduction
- 2—General Features of the Meridians
- 3—The 12 Main & 2 Extra Meridians
  - MAIN—
    - I. Lung
    - II. Large Intestine
    - III. Stomach
    - IV. Spleen
    - V. Heart
    - VI. Small Intestine
    - VII. Bladder
    - VIII. Kidney
    - IX. Heart-Constrictor
    - X. Tri-Heater
    - XI. Gall Bladder
    - XII. Liver
  - EXTRA—
    - XIII. Conception Vessel
    - XIV. Governing Vessel
- 4—The Acupuncture Points
  - Important Points On:—
- 5—Lung & Large Intestine Meridian
- 6—Stomach & Spleen Meridian
- 7—Heart & Small Intestine
- 8—Bladder & Kidney Meridian
- 9—Pericardium & Tri-Heater Meridian
- 10—Gall Bladder & Kidney Meridian
- 11—Conception Vessel & Governing Vessel
- 12—Frequent Use Extra Points
- 13—Other Important Points
- 14—Selection & Prescription of Points
- 15—Technique of Acupuncture
  - a) The Needle for Acupuncture
  - b) The Moxa Rolls for Moxibution
  - c) Location of Points
  - d) Preparation of Treatment
  - e) The Technique of Stimulating & Sedation
- 16—The Principle of Acupuncture Treatment
- 17—Treatment of General Diseases
- 18—Treatment of Diseases of Women
- 19—Treatment of Diseases of Children
- 20—Treatment of "Pain" Cases
- 21—Uses of "Ear-Needle"
- 22—Uses of "Seven Points" Needles
- 23—Uses of "Intra-Cutaneous" Needle
- 24—Uses of "Sucking" Bottle
- 25—Principle of the Yin & Yang
- 26—Principle of the 5 Elements
- 27—The Chinese Medical Philosophy & Terminology
- 28—The Causes of Diseases According to Chinese Medical Theory
- 29—Principle of Chinese Medical Diagnosis
  - 1) To Observe
  - 2) To Hear
  - 3) To Query
  - 4) To Feel the Pulse
- 30—Principle & Application of Dr. Akabane's "Heat-Sense" Test and Theory
- 31—Principle & Application of "Ryodoraku" Theory (Autonomic Nervous System)

# ACUPUNCTURE PRESSURE POINTS

A.A.P.—Acupuncture Pressure Points. These are points on the body at which it is possible to relieve pain and sickness by applying proper pressure with the thumbs and nails. By following this 5000 year old healing art, a physician should be able to bring added relief to his patients.

## Study Program

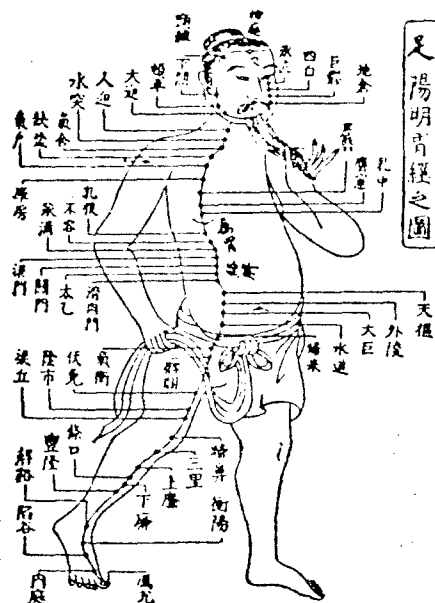
The A.A.P. Technique seminar will include a complete coverage of acupuncture so that the students will have a thorough understanding of the art. In addition to the contents of the course, you will receive the following material items to aid you in practicing acupuncture:

1. Study text
2. Needles
3. Detailed notes on application points
4. Certificate of attendance

## seminar detail

The contents of the course will include:

1. Philosophy and history of Chinese medicine
2. The Chinese method of diagnosis (traditional)
3. Diagnosis by electrical equipment (modern)
4. Principles of Yin and Yang
5. The Law of Five Elements
6. Symptomatic A.A.P. Technique
7. Systematic A.A.P. Technique



## seminars—workshops\*

### DECEMBER — 1972

- 1 -3 .....ALBANY  
8 -10 .....INDIANAPOLIS  
15-17 .....PHILADELPHIA (Workshop Only)  
CHRISTMAS

### JANUARY — 1973

- 4 -7 .....DETROIT—POST GRADUATE COURSE  
12-14 .....DALLAS (Workshop Only)  
19-21 .....ALLENTOWN, PA.  
26-28 .....DETROIT (Workshop Only)

### FEBRUARY

- 3 -4 .....DETROIT—POST GRADUATE COURSE  
16-18 .....DENVER (Workshop Only)  
23-25 .....ALANTA (Workshop Only)

### MARCH

- 2 -4 .....PHILADELPHIA  
9 -11 .....DETROIT—POST GRADUATE COURSE  
16-18 .....ATLANTA  
23-25 .....LOS ANGELES  
30-1 .....ALBERTA

### APRIL

- 6 -8 .....DALLAS

\*SUBJECT TO CHANGE

# seminar fee

Because A.A.P. requires a special personalized instruction, classes are limited to 35 doctors.

Registration is accepted only if accompanied by a check in full. This is necessary in order for arrangements to be made. Only registered and qualified doctors will be accepted.

The course cost is \$225.00 per seminar for doctors attending for the first time. The above schedule is for our seminars. If a workshop is also included, the notice appears after the name of the city. There will be three different workshops offered for doctors wishing to return. These will cover advanced techniques for special problems. Dr. Wong recommends a two month practice period between the basic course and the workshops. Upon completion of the basic seminar, the three advanced technique workshops, and a qualifying examination, doctors will be awarded a diploma. The cost for the advanced workshops is \$75.00 each.

Applications must be in at least one week before the date of each seminar. When enrollment reaches the class limit, checks will be returned or credit will be transferred to other seminars, whichever is preferred. Apply early to assure acceptance.

Please mail the following application with your check to :

Kaye Gibson, 462 South Jasmine Street, Denver, Colorado 80222 or phone (303) 355-4018 if necessary. Please remember Time Zone differences.

A.A.P. Technique  
Application for Seminar Enrollment

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_

SEMINAR TO BE ATTENDED \_\_\_\_\_

**A.A.P. TECHNIQUE SEMINARS**  
462 SOUTH JASMINE STREET  
DENVER, COLORADO 80222

BULK RATE  
U. S. Postage  
**PAID**  
Permit #112  
Denver, Colo.

13158  
DR ION WORTHAN 89  
3045 TALBOT CIRCLE  
LAS VEGAS NV 89109



*F. H. H. E.*

# Acupuncture Frees Cripple From His Wheelchair After 30 Years of Pain

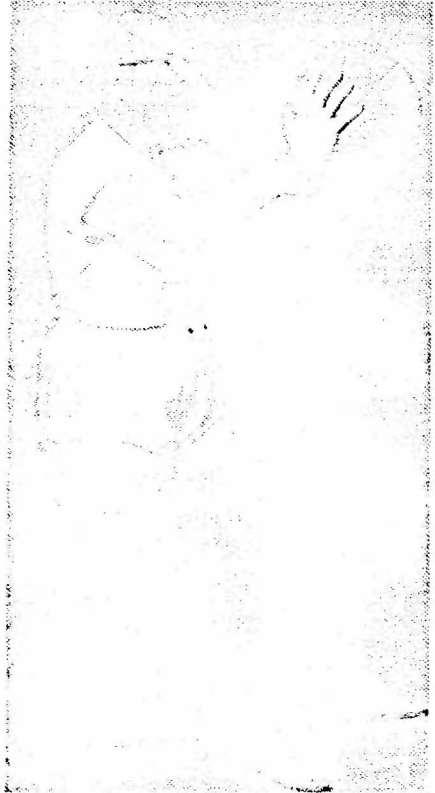
By EDWARD B. CAMLIN

More than once, Philip Kaplan thought of committing suicide.

For 30 years pain from his spine — triggered by a 1942 jeep accident — gradually became so intense he was forced to use a wheelchair until last summer.

That's when he received acupuncture treatment — the Chinese art of curing by sticking needles into the body — and his pain ended.

"Now I play basketball a couple of times a week. I walk 4 miles a day and I dance with my wife on weekends," said Kaplan, a 56-year-



**CURED:** Philip Kaplan keeps fit by playing basketball.

old printer from Hamilton Township, N.J.

The mayor of Trenton, N.J., Arthur Holland, said of Kaplan's amazing recovery: "I saw him immediately before he started the acupuncture treatment and he was wincing with pain even when he was sitting in his wheelchair.

"Today he's as fit and active as any man his age."

Since Kaplan was injured in 1942, a burning sensation in his back and legs increased over the years. By 1963 he was wearing neck and back braces and walking with crutches. Later he had to use a wheelchair.

"Everytime I went to the hospital, I had a different diagnosis. I had three operations that cost me \$57,000 and none of them worked," he said. "Several times I felt like ending it all."

Then last summer two friends told him about startling successes with acupuncture. "At first I was very skeptical, but I was about to have doctors cut my nerves and free me from pain — even though it meant losing the use of my legs," he said.

Last August 4, Kaplan entered the New York Center for Acupuncture in a wheelchair. Chinese acupuncturist Dr. H.Y. Fong inserted needles in Kaplan's neck and legs for 15 minutes.

"I felt plenty of pain, but in 60 seconds it was gone. I still can't believe it really happened, but right away I was able to stand up."

Dr. Joseph Janes of the Mayo Clinic in Rochester, Minnesota said: "Mr. Kaplan was a patient of mine.

"I performed an operation in the hope of alleviating his pain but it was only temporarily successful."

The entire acupuncture treatment, including five additional sessions, cost Kaplan \$150. "Since the treatment, I haven't felt the slightest sensation of pain," he said.

## Acupuncture Business Up 100-Fold in Hong Kong Since Nixon's Trip to China

Business for acupuncturists in Hong Kong has increased "100-fold" since President Nixon's China trip. the United States in attendance at his July lectures alone.

Prof. Lok Yee-king, who teaches the medical needle art to Westerners, reported that he had 500 doctors from the Hong Kong Assn. of Acupuncturists, plans to expand his school if the trend continues.



# Flourishes in Algeria

## Peking Medical Mission Brings Relief From Pain to Thousands of Peasants

BY JOHN ROGERS

Exclusive to The Times from Reuters

MEDEA, Algeria — "I heard they were doing miracles here with their needles," confided Hany Hallil, a Lebanese businessman from Beirut. "So here I am."

We are in a ward at the only hospital in this small town 30 miles south of Algiers.

On the bed is 8-year-old Nada Hallil, who has been suffering acutely from asthma for the past three years and has just had her first session of acupuncture treatment from the Chinese experts who staff the hospital.

"We tried hospitals in the United States and found no positive results," her father says. "We tried many medicines. Then I read about a Lebanese who'd been cured by acupuncture . . ."

### Doctors Modest

The Chinese doctors who staff the 600-bed Medea hospital speak modestly about their successes.

Mohamed Baydoum, a 22-year-old Lebanese schoolteacher, was suffering from multiple sclerosis. Like Nada Hallil, he tried American hospitals without positive results—then came to Medea.

"With traditional medicine and acupuncture, it's going much better," said Dr. Wu, head of the hospital team. "When he left us, he was walking." Baydoum will be back for a followup session in a few months.

Wu stressed that one should not talk of acupuncture as necessarily curing, but rather of its relieving pain, and it is effective only for certain chronic or functional complaints such as rheumatism, asthma, insomnia and the aftereffects of polio.

### Noted for Acupuncture

There are 27 doctors and one nurse in the Chinese team at Medea—six of them women—and most of their work is in modern methods of medicine and surgery. But the team is best known for the 2,000-year-old acupuncture treatment carried out by its four specialists, often in conjunction with traditional Chinese herbal medicine.

They started work in October, 1960, and the word spread quickly on the intervillage grapevine, not only throughout Algeria, but also abroad. About 60 patients came from Morocco, Tunisia, Lebanon, France, West

Germany and elsewhere last year for acupuncture.

Wu tells of the wife of a French economist who suffered from insomnia—"she was only sleeping one or two hours a night. Now, after a few acupuncture sessions, she sleeps nine."

The 6-year-old daughter of an African ambassador in Paris was suffering from paralysis after polio. "Now she walks well," Wu said.

Algerian patients have included two ministers' wives and a minister—and thousands of peasants from all over the country come every month.

### Strength Doubled

In a country where more than two-thirds of the 1-700 doctors are foreigners working under cooperation schemes, the Chinese assistance is among the most appreciated by the Algerian authorities.

The first Chinese doctors came to Saida in western Algeria nearly 10 years ago. Other clinics were installed later and, last

April, Algiers and Peking signed an agreement more than doubling the strength of the Chinese medical mission.

There are now 160 Chinese doctors, nurses and teachers (who run courses for Algerian paramedical staff) spread over seven hospitals. Since the new clinics were set up this year, the Chinese medical cooperation program in Algeria has become the biggest to be mounted by Peking in the Third World.

### Stress Cooperation

Although it is the silver-and-steel acupuncture needle that has made the name of the mission, only 11 of the 160 members are acupuncture specialists.

Chinese officials and the doctors here stress that cooperation between them and the Algerian authorities is very good.

The Chinese come for two years or so—"we volunteer to come abroad, we are told, where we are going"—leaving their families behind.

Their success has been so marked that Algeria is now seeking to extend the cooperation program to include exchanges between experts in medicinal plants, of which Algeria has a rich and varied stock.

There are also prospects of young Algerians being trained in acupuncture techniques.

From L.A.  
times

12/10/72

## Famous Doctors All Over the World Couldn't Help Him, Then . . .

A wealthy Mexican car dealer, who was unable to walk for eight years, says he took his first steps unaided after a Chinese doctor stuck needles in him.

The doctor's acupuncture method, used in China for 4,000 years, let Alvaro Montenegro walk again, something the world's top specialists couldn't do.

The doctor, Thomas Yuri, 49, of the Portuguese province of Macao, 40 miles from Hong Kong, said of his patient:

"I am sure Alvaro will be able to swim and take part in other sports before long. You can see for yourself that he can now walk. The operation has been totally successful."

Montenegro, 54, was struck by the disease "tabes dorsalis," which results in failure of muscular coordination.

"I went to famous doctors in the United States, in London, Zurich, Spain and Berlin, but none of them could help me," he said during an interview in Macao. "Time and again I was told I could not be cured. But I had plenty of money to keep trying.

"Then I heard of a good acupuncturist operating in Macao," Montenegro continued. "I went to him, he examined me and said: 'I can cure you.'

"The treatment lasted three weeks. "And right from the start, I started

### Chinese Doctor's Acupuncture Treatment Cures Man Who Had Not Walked in 8 Years

to regain control of my muscles.

"Stainless steel needles were inserted into my legs and body for several minutes at a time. The needles were put in at precise points, and amazingly there was virtually no pain.

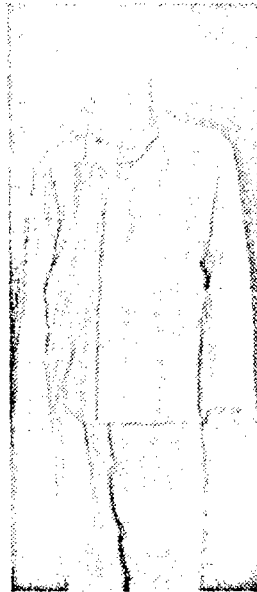
"The treatment continued — and quickly I could feel the power to walk again. At first I could just hobble slowly, by holding onto something. Then I could totter a few steps by myself before falling.

"Now, I can actually walk, almost like before I was stricken. And, the doctor says it will just be a matter of my muscles toning up after years of non-use."

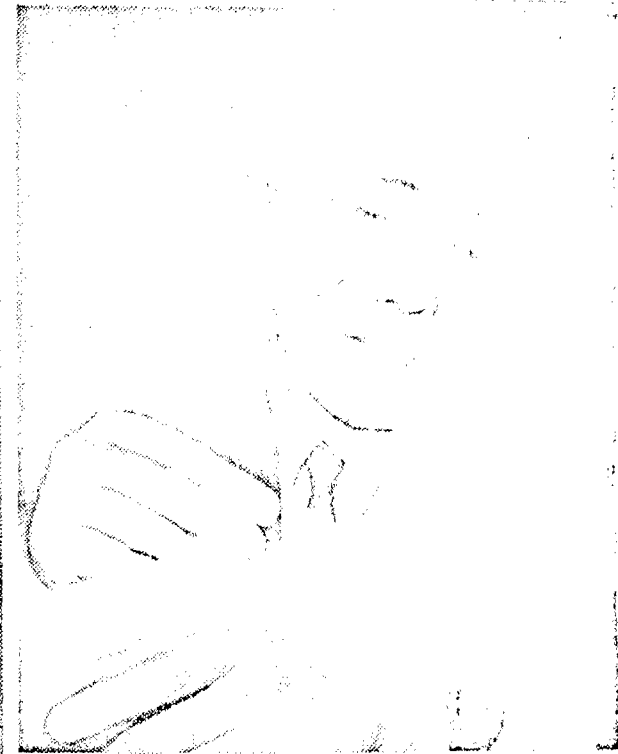
Professor Lok Yee-kung, president of the Hong Kong College of Chinese Acupuncture said:

"I am sure acupuncture will become the 'wonder' treatment of the 1970s and provide relief from a whole range of illnesses to millions."

— ROBERT DOMAY



WALKS UNAIDED  
Alvaro Montenegro



EXPERT: Professor Lok Yee-kung demonstrates the acupuncture method by inserting a needle in his hand.

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