Overview of Inspection Processes

Marla McDade Williams
Deputy Administrator
Division of Public & Behavioral Health
January 15, 2014

Rules for Oversight

- There are two primary regulatory bodies over nursing homes: federal and state
- Federal Laws
 - U.S. Code
 - Code of Federal Regulations
- State Laws
 - Nevada Revised Statutes
 - Nevada Administrative Code

Licensing

- The Division has authority pursuant to the Nevada Revised Statutes to license and regulate nursing homes in the state.
- The Bureau of Health Care Quality and Compliance in the Division is the agency that carries out this day-to-day function in the Division.
- Nursing homes can form in two ways:
 - Skilled Nursing Facility
 - Nursing Facility

Reimbursement for Services "Certification"

- To get reimbursed by most third-party insurers, including Medicare and Medicaid, a nursing home must also be certified.
- The Federal Government, through the Centers for Medicare and Medicaid Services (CMS), sets up the rules for certification.
- In Nevada, the Bureau of Health Care Quality and Compliance is the agent for CMS to do the certification reviews.

Operating Rules

- Under the operating rules that are found in the Nevada Administrative Code and the Code of Federal Regulations, certain minimum standards of care are established.
- If a nursing home fails to uphold those standards, which is determined through onsite inspections and reviews done by the Bureau of Health Care Quality and Compliance, a nursing home faces various types of consequences.

Consequences

- Fines
- Ban on new admissions
- Limits on the types of patients that can be admitted
- Temporary management by an entity not affiliated with the nursing home
- Closure
- Poor publicity

Inspections

- Inspections are done every year, they are done by staff of the Bureau of Health Care Quality and Compliance, and they are unannounced.
- Results are posted on the Division's website at health.nv.gov/hcqc.htm
- CMS also posts comparison findings at http://www.medicare.gov/nursinghomecompare

Inspections (cont.)

From CMS website (surveys are inspections) States conduct standard surveys and complete them on consecutive workdays, whenever possible. They may be conducted at any time including weekends, 24 hours a day. When standard surveys begin at times beyond the business hours of 8:00 a.m. to 6:00 p.m., or begin on a Saturday or Sunday, the entrance conference and initial tour should [be] modified in recognition of the residents' activity (e.g., sleep, religious services) and types and numbers of staff available upon entry.

(**Source**: http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandComplianc/NHs.html)

Inspections (cont.)

From CMS website

The State has the responsibility for certifying a skilled nursing facility's or nursing facility's compliance or noncompliance, except in the case of State-operated facilities. However, the State's certification for a skilled nursing facility is subject to CMS' approval. "Certification of compliance" means that a facility's compliance with Federal participation requirements is ascertained. In addition to certifying a facility's compliance or noncompliance, the State recommends appropriate enforcement actions to the State Medicaid agency for Medicaid and to the regional office for Medicare.

Inspections (cont.)

From the CMS website

The CMS regional office determines a facility's eligibility to participate in the Medicare program based on the State's certification of compliance and a facility's compliance with civil rights requirements.

Nothing precludes the state from adopting rules under its authority. Those rules would be enforced by the same staff who apply the federal rules.

Complaints

- The Bureau gets the highest number of complaints related to nursing home care and hospital care.
- We investigate all complaints, except complaints about billing, within 45 days of the complaint being received.
- Results may not be available until up to 75 days after the complaint due to administrative processes of writing up results, review, etc.

Sanctions

- Although the Bureau staff conduct the inspections (and investigations), in most cases, CMS also must agree with the state's findings before a sanction may be carried forward with a facility.
- If a fine or other action is imposed, CMS collects the fine, and a portion of it is sent to the Division of Health Care Financing and Policy.

Sanctions (cont.)

If a finding is only related to a state law or regulation, the Division collects the fine and retains it in a separate account.

Appeals

- All findings are subject to an appeal process.
- Complainants do not have a formal appeal process if they don't agree with the Bureau's findings.

Register a Complaint

- Complaints may be made by phone, email or regular mail
 - In Northern Nevada, call 775-684-1030
 - In Southern Nevada, call 775-486-6515
 - Email: <u>DPBH@health.nv.gov</u>
 - Mail: 727 Fairview Drive, Suite E, Carson City, NV 89701; or, 4220 S. Maryland Parkway, Suite 810, Building D, Las Vegas, NV 89119
- They may be anonymous

Other Parts of the System

- Long-term Care Ombudsmen
 - Ombudsmen staff are in facilities to advocate for patients.
 - Bureau staff are in facilities to assess compliance with laws and regulations.
- They work together along with others, including:
 - Division of Health Care Financing and Policy
 - Medicaid Fraud Control Unit
 - Public Guardians
 - Quality Improvement Organization (HealthInsight)
 - Many others

Not Just Regulating

- The staff, Bureau Chief, Deputy Administrator, and Administrator don't just focus on inspections and investigations.
- We look for ways to improve the system.
- We analyze our regulations, we work with facilities to better their policies and internal oversight, we meet with corporate officers and participate in association meetings.
- We testify, meet with people, and try to hear what we can do to be better.

Concluding Remarks

- Future questions may be directed to:
 - Kyle Devine, Bureau Chief, at 775–684–1062, or email at <u>kdevine@health.nv.gov</u>
 - Marla McDade Williams, Deputy Administrator, at 775-684-4204, or email at <u>mmcdade@health.nv.gov</u>
 - Richard Whitley, Administrator, at 775–684–4200
 - Mike Willden, Director, at 775–684–4000