

**PROPOSED REGULATION OF THE
NEVADA INTERSCHOLASTIC ACTIVITIES ASSOCIATION**

LCB FILE NO. R018-23I

**The following document is the initial draft regulation proposed
by the agency submitted on 07/19/2023**

NAC 385B.336 Physical examinations: Requirements for pupils; maintenance and review of records; exemption from requirements. (NRS 385B.060)

1. Each pupil who wishes to participate in any sanctioned sport for the first time:

(a) Must submit to a physical examination that is conducted by:

- (1) A physician who is licensed pursuant to chapter 630 of NRS;
- (2) A homeopathic physician who is licensed pursuant to chapter 630A of NRS;
- (3) An osteopathic physician licensed pursuant to chapter 633 of NRS;
- (4) A chiropractor who is licensed pursuant to chapter 634 of NRS;
- (5) An advanced practice registered nurse licensed pursuant to chapter 632 of

NRS; or

(6) A physician assistant licensed pursuant to chapter 630 or 633 of NRS or certified pursuant to chapter 630A of NRS; and

(b) After completing the physical examination, must be approved for participation in a sanctioned sport by a physician, homeopathic physician, osteopathic physician, chiropractor, advanced practice registered nurse or physician assistant specified in paragraph (a) on a form approved by the Association.

~~2. Except as otherwise provided in this subsection, each pupil who wishes to participate in a sanctioned sport and has complied with the provisions of subsection 1 shall, for each year he or she participates in a sanctioned sport, complete the form which is approved by the Association for that purpose. If the pupil submits an affirmative response to any question on the form, the pupil must submit to a complete physical examination in accordance with subsection 1 before he or she is eligible to participate in a sanctioned sport. If, on or after the beginning of the 2005-2006 school year, the pupil enrolls in a school as a freshman, the pupil must submit to such an examination for the first and third years in which he or she participates in the sanctioned sport. A pupil must get a physical examination every year to participate in a sanctioned sport.~~

3. Each school shall:

(a) Maintain a record of each form submitted to the school pursuant to this section; and

(b) Ensure that the athletic director, athletic trainer or school nurse reviews each form specified in paragraph (a) before each season in which the pupil participates in a sanctioned sport.

4. If the religious beliefs of a pupil prohibit him or her from submitting to a physical examination to participate in a sanctioned sport, the pupil and a parent or legal guardian with whom he or she resides shall execute a release which indemnifies and holds harmless the school, school district and Association from all liability which may arise because of the pupil's participation in the sanctioned sport.

5. A pupil may obtain the form for the release specified in subsection 4 from the Association.

(Added to NAC by Nev. Interscholastic Activities Ass'n by R206-03, eff. 11-2-2004; A by R098-05, 7-14-2006; R147-10, 5-5-2011) — (Substituted in revision for NAC 386.819)