

**APPROVED REGULATION OF THE
NEVADA INTERSCHOLASTIC ACTIVITIES ASSOCIATION**

LCB File No. R016-23

Filed February 27, 2024

EXPLANATION – Matter in *italics* is new; matter in brackets ~~omitted material~~ is material to be omitted.

AUTHORITY: §§ 1-3, NRS 385B.060.

A REGULATION relating to interscholastic activities; revising provisions governing the number of contests for a sanctioned sport that a school or pupil may participate in; revising provisions governing the conduct of volleyball games and matches; and providing other matters properly relating thereto.

Legislative Counsel’s Digest:

Existing law: (1) authorizes the formation of the Nevada Interscholastic Activities Association, composed of all of the school districts of the State, for the purposes of controlling, supervising and regulating all interscholastic athletic events and other interscholastic events in the public schools in this State; and (2) requires the Association to adopt regulations governing those events. (NRS 385B.050, 385B.060) Pursuant to those laws, the Association has adopted regulations which govern sanctioned sports and other interscholastic activities in this State. (Chapter 385B of NAC)

Existing regulations limit the number of contests in a sanctioned sport in which a school or a pupil enrolled in a school may participate. (NAC 385B.378) **Section 1** of this regulation requires any contact, game, match or meet between a school or a pupil and an alumni association for the school or a contact, game, match or meet which is conducted for a charitable purpose to be included in the total number of contests in which the school or pupil may participate. **Sections 2 and 3** of this regulation make conforming changes to eliminate provisions made superfluous by **section 1**.

Existing regulations contain provisions governing the conduct of volleyball games and matches, including: (1) procedures for the selection of the bench for the home team to use during a match; (2) procedures for the coin toss to determine which team will serve first during the match and during the deciding game of the match; and (3) requirements concerning the length of time-outs. Existing regulations additionally include: (1) a prohibition on the wearing of jewelry during a volleyball match or warm-up activity by a pupil who is participating in the event; and (2) restrictions on the length of certain warm-up activities a team may engage in before a volleyball match. (NAC 385B.520) **Section 3** eliminates these provisions.

Section 1. NAC 385B.378 is hereby amended to read as follows:

385B.378 1. Except as otherwise provided in subsection 2, a school or a pupil enrolled in a school who participates in a sanctioned sport shall not, during the season for the sanctioned sport, participate in more than:

(a) For the fall season:

- (1) Fourteen cross-country meets;
- (2) Except as otherwise provided in subsection 4 of NAC 385B.434, nine football games;
- (3) Sixteen matches for girls' golf;
- (4) Except as otherwise provided in subsection 4 of NAC 385B.458, eighteen soccer games and two tournaments for soccer;
- (5) Eighteen tennis matches; or
- (6) Eighteen matches for girls' volleyball and two tournaments for girls' volleyball.

(b) For the winter season:

- (1) Eighteen basketball games and two tournaments for basketball;
- (2) Eighteen bowling competitions and two tournaments for bowling;
- (3) Eighteen flag football games and two tournaments for flag football;
- (4) Fourteen ski races; or
- (5) Fifteen wrestling contacts or meets.

(c) For the spring season:

- (1) Twenty-one baseball games and two tournaments for baseball;
- (2) Sixteen matches for boys' golf;
- (3) Twenty-one softball games and two tournaments for softball;
- (4) Twelve swim meets;
- (5) Fourteen track and field meets; or

(6) Eighteen matches for boys' volleyball and two tournaments for boys' volleyball.

2. For each sanctioned sport specified in subsection 1, the Executive Director may exempt from the provisions of this section not more than one contact, game, match or meet for the sanctioned sport that is conducted against a school that is placed on independent status pursuant to NAC 385B.202.

3. If a school or a pupil representing a school participates in a sanctioned sport in a contact, game, match or meet:

(a) Between the school or pupil and an alumni association for the school or a similarly organized group, the school shall include that contact, game, match or meet in the total number of contests in which the school or pupil is allowed to participate in that sport pursuant to subsection 1.

(b) Conducted for a charitable purpose, the school shall include that contact, game, match or meet in the total number of contests in which the school or pupil is allowed to participate in that sport pursuant to subsection 1.

Sec. 2. NAC 385B.420 is hereby amended to read as follows:

385B.420 1. Except as otherwise provided in NAC 385B.371, a school shall not, after completion of the state tournament for basketball for that season, organize a basketball team or conduct a practice for the team until the date established by the Board for the beginning of practice for the next basketball season.

2. A team that participates in basketball as a sanctioned sport may not participate in more than two interschool basketball scrimmages during the period beginning on or after the date established by the Board for the season in which the scrimmage is played and ending on the first day of that season. The team shall not participate in a basketball scrimmage after it participates

in the first basketball game for that season. As used in this subsection, “scrimmage” means a practice basketball game in which:

- (a) The score is not kept;
- (b) Unpaid sports officials are used;
- (c) The period of play is divided into a number of equal segments with running time kept;

and

- (d) Spectators are not encouraged to attend.

3. A team specified in subsection 1 shall not participate in more than two basketball games during a day.

~~{4. If a team specified in subsection 2 participates in a basketball game between the team and an alumni association for the school or a similarly organized group, the school shall include that game in the total number of games in which the team may participate pursuant to NAC 385B.378.}~~

Sec. 3. NAC 385B.520 is hereby amended to read as follows:

385B.520 1. Except as otherwise provided in NAC 385B.371, a school shall not, after completion of the state tournament for volleyball for that season, organize a volleyball team or conduct a practice for the team until the date established by the Board for the beginning of practice for the next volleyball season.

2. A team at a school that participates in volleyball as a sanctioned sport may participate in not more than two interschool volleyball scrimmages during the period beginning on or after the date established by the Board for the season in which the scrimmage is played and ending on the first day of that season. The team shall not participate in a volleyball scrimmage after it

participates in the first volleyball game of that season. As used in this subsection, “scrimmage” means a practice volleyball game in which:

- (a) The score is not kept;
- (b) Unpaid sports officials are used;
- (c) The period of play is divided into a number of equal assignments with running time kept;

and

- (d) Spectators are not encouraged to attend.

3. ~~If a team specified in subsection 1 participates in:~~

~~—(a) A match between the team and an alumni association for the school or a similarly organized group, the school shall include that match in the total number of matches or meets in which the team may participate pursuant to NAC 385B.378; or~~

~~—(b) A match between the team and any other team for a charitable purpose, the school shall include that match in the total number of matches or meets in which the team may participate pursuant to NAC 385B.378.~~

~~—4.} Each volleyball game must be conducted in accordance with the rules of volleyball adopted by the National Federation of State High School Associations or its successor organization.~~

~~{5.— Before each volleyball match, the home team for the match shall select the bench where the home team will sit during the match. The sports official who is assigned to the match shall, by tossing a coin, determine the team that will serve first for the match. The captain of the visiting team for the match shall call the toss of the coin. If the captain wins the toss, he or she may choose whether his or her team will serve or receive. For the deciding game of the match, the captain of the home team shall call the toss of the coin. If the captain wins the toss, he or she~~

~~may choose whether his or her team will serve or receive for that game. Any time-out that is taken during the match must not exceed 60 seconds if each team participating in the match is prepared to play during the time-out.~~

~~—6.— A pupil who participates in volleyball as a sanctioned sport shall not wear any jewelry during any volleyball match or warm-up activities for the match.~~

~~—7.— Before each volleyball match, each team that participates in the match may engage in:~~

~~—(a) Warm-up activities for the match for not more than 7 minutes; and~~

~~—(b) Shared serving for the match for not more than 2 minutes.]~~