



Nevada  
Aging and Disability Services Division  
Presentation to:

Task Force to Develop a State Plan to  
Address Alzheimer's Disease

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**EXHIBIT H – Alzheimer's**  
Document consists of 24 pages.  
Entire exhibit provided.  
Meeting Date: 06-13-12

# Alzheimer's Disease Supportive Services Programs ( ADSSP)



# ADSSP

- Federally-funded program
- Expand the availability of diagnostic and support services for persons with Alzheimer's Disease and Related Disorders (ADRD) and their families
- Improve the responsiveness of the home and community-based care system
- Focuses on service for hard-to-reach and underserviced persons



- Focus on high stress caregivers
- Special emphasis on:
  - Those with low income
  - Minority and rural communities
  - Limited English speaking proficiency



# Partnerships

## 1. The Alzheimer's Association- Northern Nevada Northern California

- Teamed up with Nevada Hispanic Services (NHS) to expand services to Latino/Hispanic families



# Partnerships

## Services Include:

- Outreach
- Respite vouchers
- Information and advocacy
- Support groups
- Training for professionals and caregivers

# Partnerships

## 2. The Alzheimer's Association- Desert Southwest

- Services Include:
  - Respite vouchers to Alzheimer's/dementia caregivers
  - Helpline- 24/7 for information and referral
  - Support groups for caregivers
  - Education for community, families and professionals
  - Safe return program



# Other Providers

- The University of Nevada Reno Caregiver Support Center
  - Rural outreach through a rural clinic
  - Rural Caregivers Coaching Project and Rural Caregivers Web-based Training Project



# The University of Nevada Reno Caregiver Support Center Partnership

- **Services Include:**
  - Training in evidence based dementia care
  - Family caregiver training
  - Professional caregiver training
  - Rural outreach services
  - Web site restraint free approaches to the care of person with dementia
  - One-on-one coaching for individuals and families in their homes

# Partnerships

## The Cleveland Clinic Lou Ruvo Center for Brain Health

- Prevent the disabling symptoms of chronic brain disease
- Prolong healthy, vital aging in people at risk for dementia or cognitive disorders



# Partnerships

- Services Include:
  - Diagnosis and medical management
  - Social service referrals
  - Competency evaluations
  - Case management and future planning
  - Support groups and workshops for families
  - Behavioral consultation and counseling for individuals and families
  - Education for professionals
  - Lunch and Learn Programs
  - Development of the Clark County Alzheimer's Action Network, intended to help develop the Alzheimer's State Plan

# CarePro-ADSSP

- Evidence-Based intervention to help caregivers and individuals with dementia better manage stress levels
- Provide better care for loved ones
- Mitigating the common health risks of caregivers

# Nevada Lifespan Respite Care Program (NLRCP)

- Three year project
- Improve access to respite services
- Develop a network of services
  - Training for caregivers and services providers
  - Outreach
  - Effectively utilizing volunteers

# Five Project Partners (NLRCP)

- Cleveland Clinic Lou Ruvo Center for Brain Health (CCLRCBH)
- The Alzheimer's Association-Northern Nevada and Northern California
- The Alzheimer's Association of Desert Southwest
- Aging and Disability Resource Centers (ADRC)
- Nevada Lifespan Respite Care Coalition

# Lifespan Respite Expansion

- Supplement grant of \$172,015
- Providing direct Lifespan Respite Services
  - To fill an identified gap in service delivery
  - To address the unmet respite needs of family caregivers



# Lifespan Respite (NLRCP)

- Project partners:
  - Respite and Volunteer Experiences (RAVE) Family Foundation
  - Give Me a Break, Inc (GAB)
  - Aging and Disability Resource Centers (ADRC)
  - Nevada Lifespan Respite Care Coalition



# Supportive Services Grants

- Older American's Act Title III-B
- Independent Living Grants from the master Tobacco Settlement agreement (Funds for a Healthy Nevada)
- Support grants to promote self-sufficiency
- Providing services such as transportation, case management, respite, information and referral, adult day care, legal services, homemaker, companion, food pantry, home safety, home modification and repair and representative payee

# National Family Caregiver Support Program (NFCSP)

- Respite Services
- Aging and Disability Resource Centers (ADRC)
  - One stop resource centers throughout Nevada
  - Providing information and assistance regarding public programs and other assistance services
  - Planning for future long-term support needs



# State Volunteer Program

- Grants for senior volunteer programs include:
  - Two Senior Companion Programs
  - Three Retired and Senior Volunteer Programs (RSVP)



# Volunteer Programs

- Senior Companions provide supportive services and companionship for seniors
- Supportive Services include:
  - Grocery shopping
  - Meal preparation
  - Assistance with light chores
  - Transportation
  - Bill paying
  - Socialization activities
  - Respite for caregivers

# Home and Community Based Service Programs

- For individuals at risk of being placed or currently living in a facility for long-term care
- Services provided to keep individuals in their homes to age in place
- Division of Health Care Financing and Policy (DHCFP) Medicaid waiver services

# Long Term Care Ombudsmen Program

- Investigate and resolve complaints made by or on behalf of older individuals who are residents of long term care facilities
- Advocating on behalf of the residents
- Valuable resource for residents, families and community members



# Out-of-State Task Force on Long Term Care

- Concerned with placement of elderly and fragile Nevadans in nursing homes located out of state
- Few long term beds are available in Nevada for individuals with behavioral problems



**For more information please contact  
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