

## DISCLAIMER

Electronic versions of the exhibits in these minutes may not be complete.

This information is supplied as an informational service only and should not be relied upon as an official record.

Original exhibits are on file at the Legislative Counsel Bureau Research Library in Carson City.

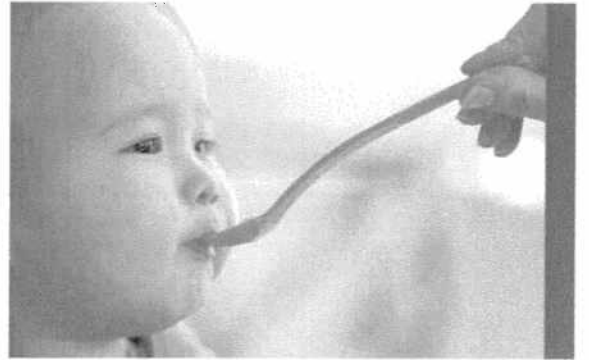
Contact the Library at (775) 684-6827 or [library@lcb.state.nv.us](mailto:library@lcb.state.nv.us).



**FOOD BANK**  
OF NORTHERN NEVADA

EXHIBIT D Senate Committee on Health & Education

Date: 3.20.09 Page 1 of 31



# Food Stamps as Medicine

*A New Perspective on Children's Health*



Children's Sentinel Nutrition Assessment Program [C-SNAP] | February 2007

**The Food Stamp Program** is America's first line of defense against hunger and the foundation of our national nutrition safety network. Physicians and medical researchers also think it is one of America's best medicines to prevent and treat childhood food insecurity.

The **Children's Sentinel Nutrition Assessment Program (C-SNAP)**—a non-partisan network of pediatricians and public health specialists who conduct research, based on a dataset of nearly 24,000 children, on the effects of US social policy on young, low-income children's health and nutrition—has concluded that **food stamps can make a crucial difference in determining a child's health status** and the course of his or her development. By reducing food insecurity, food stamps can decrease a child's risk of:

- **Hospitalization**
- **Poor health**
- **Iron deficiency anemia**
- **Deficits in cognitive development**
- **Behavioral and emotional problems**

### *2007 Farm Bill Reauthorization: Refilling the Prescription*

The Food Stamp Program is reauthorized every five years, under the nutrition title of the Farm Bill. In 2007, when the Farm Bill is next reauthorized, legislators have an opportunity to ensure the Food Stamp Program continues to build on its success. Supporting the Food Stamp Program in 2007 will help protect the health of America's children until 2012.

### *Food Insecurity*

A technical term many frontline workers call hunger, food insecurity refers to limited or uncertain access to enough nutritious food for all household members to lead an active and healthy life.

Funded under the nutrition title of the Farm Bill, the Food Stamp Program enables low-income families to buy food in authorized retail stores. Eligibility and monthly benefit levels are calculated according to a balance of a family's income, assets, and expenses.

On average, 25.7 million Americans receive food stamps every month. Half (50%) of all recipients are children, and nearly one-third (29%) of all recipient households are employed.<sup>3</sup> The US Department of Agriculture (USDA) estimates that the number of potentially eligible people participating in the program increased from 53% in 2001 to 60% in 2004.<sup>4</sup> The average recipient household in 2004 had income at 60% of the federal poverty level—\$12,000 per year, for a family of four—with just 12% of participating households' incomes falling above the poverty line.

The need for food assistance remains strong. The America's Second Harvest emergency food network provided hunger-relief services to an estimated 25.3 million low-income people in 2005—including 2 million children under age 5—an 8% increase since 2001,<sup>5</sup> and a recent 24-city US Conference of Mayors survey noted that requests for food assistance rose by 12% in 2005.<sup>6</sup> This increase may be attributable to rising energy, health, and housing costs, which combine to force many struggling Americans—often employed and with young children—to rely on food assistance to make ends meet and fill empty stomachs.

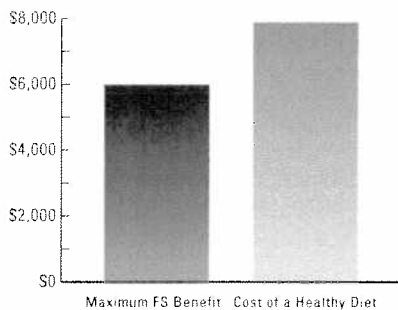
Hunger is not merely uncomfortable; for millions of American children, it is dangerous—jeopardizing their health and normal development. Infants and toddlers are particularly vulnerable because the first three years of life are a critical developmental period, during which the foundations are laid for growth and learning in later life. Early childhood food insecurity endangers children's future academic achievement and workforce participation. Children starting life at a disadvantage have greater odds of remaining at a disadvantage.



### The Medicine Works but the Dose is too Low

Although federal funding for the Food Stamp Program currently totals \$28 billion, the average person receives only \$92.60 per month—barely \$1 per meal.<sup>1</sup> This means that even families who receive food stamps often simply cannot afford to eat right. Food stamp benefit amounts are based on the USDA's Thrifty Food Plan (TFP),<sup>2</sup> which does not adhere to the Surgeon General's most recent nutrition recommendations and no longer reflects the real cost of food in some areas.<sup>3</sup> A recent sampling of grocery stores in Boston, MA, revealed that, on average, the monthly cost of the TFP is \$27 more than the maximum monthly food stamp benefit allowance. Most recipients, however, do not receive the maximum benefit, so the gap is often even wider. A low-cost healthier diet based on the most recent nutrition guidelines exceeded maximum monthly food stamp benefit levels by \$148—an annual differential of \$1,776—a budgetary stretch entirely unrealistic for most families poor enough to receive nutrition assistance.<sup>4</sup> Until benefit levels are adjusted to match the cost of a healthy diet, in line with the newest scientific recommendations, the Food Stamp Program's great potential to relieve hunger and promote a healthier America cannot be fully realized.

**Annual Gap Between Maximum Monthly Food Stamp Benefit and Cost of Surgeon General's Low-cost, Healthier Diet for a Family of Four**



### Do Food Stamps Cause Childhood Obesity?

No studies have shown a causal link between food stamps and childhood obesity.<sup>5</sup> Factors thought to contribute to obesity include media advertising of sweetened and high-fat foods aimed at young children, lack of recess and physical education classes in schools, too few safe opportunities for exercise in many neighborhoods, and—paradoxically—food insecurity.<sup>6</sup> The possible pathways between food insecurity and obesity are complex. To prevent family members from experiencing hunger, parents in food insecure households may purchase a limited variety of cheap, energy dense foods high in fat and added sweeteners, but low in nutritional quality. At the same time, food insecure households reduce their consumption of healthier, but relatively more expensive, foods—such as fresh fruits and vegetables, whole grains, low-fat dairy, fish, and vegetable protein.<sup>7</sup> A successful public-health approach to obesity prevention must include an effective Food Stamp Program with benefit levels that permit low-income families to purchase healthier foods and raise healthier children.

### Rural Americans

C-SNAP's work focuses on urban children, but recent research has shown that rural children are at high risk for food insecurity as well. Paradoxically, in America's countryside, where much of our food is grown, rural Americans disproportionately rely on the Food Stamp Program to feed their families. In 2001, the last year for which data have been calculated, only 22% of the United States' total population, but a full 31% of food stamp recipients, lived in rural areas. And overall, whereas only 4.8% of urban residents received food stamps, 7.5% of rural residents did.<sup>8</sup> Children account for a large percentage of this group: while children comprise only one-fourth of the rural population, they account for nearly half (43%) of all rural residents receiving food stamps.<sup>9</sup>

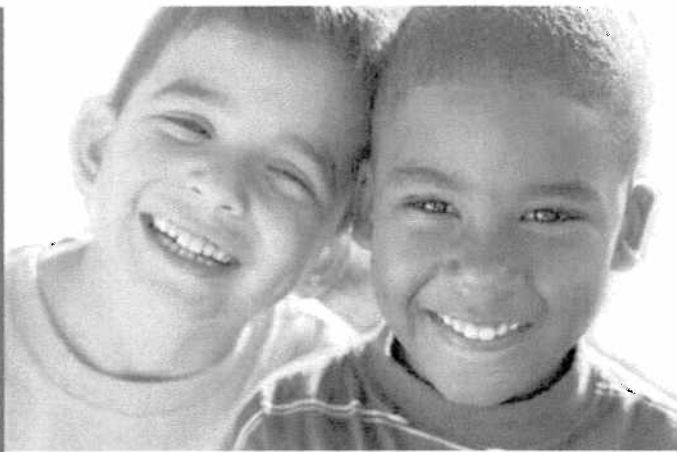
### New Americans

C-SNAP's research reveals that food insecurity poses a serious threat to the health of many new Americans and, in particular, to citizen children of immigrant parents. As US citizens, these children are potentially eligible for, but frequently do not receive, assistance from the Food Stamp Program.<sup>10</sup> Indeed, young children of immigrants are less than half as likely to receive food stamp benefits as young children of citizen parents, despite higher poverty rates among immigrant families.<sup>11</sup>

More than 11.5% (32.5 million) of the total US population is foreign-born. As reflected in recent census data, immigrant communities across the country are experiencing tremendous growth.<sup>12</sup> But even while immigrants work hard to harvest, prepare, and serve America's food, the terrible irony is that many struggle with chronic hunger within their own families, with food insecurity jeopardizing their children's health and development.

The Food Stamp Program could help protect these children from unnecessary risk. C-SNAP has found that **citizen children of immigrant parents who receive food stamps are 32% less likely to be in poor health** than if their families did not receive food stamps. In other words, food stamps can make a profound difference in a child's health, but too many eligible American children in immigrant families are not getting the nutrition assistance they so desperately need.





### **Why Food Stamps Matter for Children's Health: What Medical Research Shows**

A decade of clinical research by C-SNAP shows that food stamps are an essential medicine for America's youngest and most vulnerable children. Infants and toddlers in food insecure households are at increased risk for iron deficiency anemia, deficits in cognitive development, and behavioral and emotional problems, all of which can impede their readiness for school and their future productivity as adults in the workforce.<sup>106</sup> Indeed, C-SNAP has recently found that **children receiving food stamps are 26% less likely to be food insecure than eligible children not receiving food stamps**, suggesting that they are less likely to suffer from the negative effects of food insecurity. The connection is strong: food insecurity contributes to developmental problems and poor health among children, and food stamps decrease child food insecurity.

The effect of food stamps on minority groups, who are disproportionately vulnerable to food insecurity, is clear as well. When benefits are decreased or eliminated, food insecurity rises and health suffers:

- Latino children whose family food stamp benefit was sanctioned were **more than twice as likely to suffer from food insecurity** as those whose family food stamp benefit was unchanged.
- Compared with black infants and toddlers whose family food stamp benefits were *not* reduced in the past year, young black children whose family benefits were reduced had **38% greater odds of being reported in poor health.**<sup>107</sup>

Other research supports and complements C-SNAP's findings. Among preschoolers, for example, food stamps have consistently been associated with higher intake of vitamins and minerals crucial for children's health.<sup>108</sup> Participation in the Food Stamp Program has repeatedly demonstrated beneficial effects on children's school achievement.<sup>109</sup> Moreover a 2006 USDA-funded report found that childhood participation in the Food Stamp Program reduces the risk of serious nutrition-related health problems.<sup>110</sup>

Because they decrease the risk of food insecurity, food stamps can also protect children from costly hospitalizations, many of which—for families without private health insurance—are covered by tax dollars. C-SNAP's research shows that children in food insecure homes are approximately **twice as likely to suffer poor health and one-third more likely to be hospitalized**, because poor nutrition can increase their risk of contracting illnesses and compromise their immune systems.<sup>111</sup> By reducing the prevalence or severity of food insecurity, food stamps promise to reduce child hospitalization and health care costs, saving money for both struggling families and our government.

### *Healthier Children, Stronger Communities*

The Food Stamp Program also contributes to the health of the communities in which our children live. Each dollar spent on federal food stamp benefits generates nearly twice that in economic activity, so local communities stand to benefit tremendously from the Food Stamp Program.<sup>112</sup> Conversely, low participation rates translate into missed fiscal opportunities for cities. In 2006, for example, Los Angeles missed out on \$463 million of federal money; New York City, \$430 million; and Houston, \$168 million.<sup>113</sup> Food stamps lead to more money flowing through local economies, producing healthier children in stronger communities.





### **Following the Doctor's Orders: Prescriptions for Change**

Based on medical research, C-SNAP offers the following recommendations for improving young children's health:

- Many children do not receive the nutrition assistance they need. **Funding effective outreach/education activities and simplifying application/recertification procedures** will drive this figure up. Confusion, anxiety, and administrative barriers keep many people from receiving benefits.
- **Monthly benefit levels should be raised to equal the cost of a healthy diet**, commensurate with the Surgeon General's most recent nutrition recommendations.
- **Raising the asset cap above the current level (\$2,000 in most cases)** will allow poor families to save modest amounts of money and begin to accumulate the assets needed to raise themselves out of poverty and off of food stamps.
- Many parents with limited English are currently deterred from accessing food stamps by language barriers. **More interpreters will help to serve America's diverse population.**

The Food Stamp Program has recently made great strides forward in reaching out to more Americans, but further improvement is both possible and necessary. One in five eligible American children is starting at a disadvantage by not receiving the food stamps he or she needs to develop and learn properly. Many of those not yet receiving nutrition assistance are among the most vulnerable groups, such as children of color and citizen children of immigrant parents. **America's children deserve the best chance we can give them to thrive in later life; if they start behind, they will likely remain behind. Supporting the Food Stamp Program is a sound investment in America's future and in the wellbeing of *all* of her children.**

### **About C-SNAP**

**The Children's Sentinel Nutrition Assessment Program (C-SNAP)** is a national network of pediatricians and public health specialists whose focus is:

- Conducting original, clinical research on children 0-3 years old
- Facilitating public policies that protect children's health and development by providing credible evidence to policy-makers and advocates
- Providing referrals to medical care and other resources for children and food insecure households

C-SNAP's total sample, gathered over the past decade, includes nearly 24,000 children under age three.

C-SNAP study sites include:

- Boston Medical Center, Boston, MA
- Hennepin County Medical Center, Minneapolis, MN
- Mary's Center for Children, Washington, DC \*
- University of Arkansas for Medical Sciences, Little Rock, AR
- University of Maryland Medical Center, Baltimore, MD
- St. Christopher's Hospital for Children, Philadelphia, PA
- Harbor-UCLA Medical Center, Los Angeles, CA \*

Dormant sites indicated by \*



## Authors

This report was prepared by Avi Perry, Bill Emerson National Hunger Fellow; Stephanie Ettinger de Cuba, MPH, C-SNAP Program Manager; John Cook, PhD, Co-Principal Investigator, Boston Medical Center, Boston, MA; and Deborah A. Frank, MD, C-SNAP Principal Investigator at Boston Medical Center in Boston, MA, in collaboration with C-SNAP Principal Investigators:

- Alan Meyers, MD, MPH, Co-Principal Investigator, Boston Medical Center, Boston, MA;
- Diana Cutts, MD, Co-Principal Investigator, Hennepin County Medical Center, Minneapolis, MN;
- Mariana Chilton, PhD, MPH, Co-Principal Investigator, St. Christopher's Hospital for Children, Philadelphia, PA
- Maureen Black, PhD, Co-Principal Investigator, University of Maryland School of Medicine, Baltimore, MD;
- Patrick Casey, MD, Co-Principal Investigator, University of Arkansas for Medical Sciences, Little Rock, AR

Data management, analysis, and interpretation were completed by the C-SNAP data coordinating team at the Boston University School of Public Health Data Coordinating Center:

- Danielle Appugliese, MPH
- Timothy Heeren, PhD
- Zhaoyan Yang, MS

This report was made possible by the Annie E. Casey Foundation.

C-SNAP operations and analyses have been supported by: Abell Foundation, Annie E. Casey Foundation, Anonymous Donor, Anthony Spinazzola Foundation, Candle Foundation, Claneil Foundation, Daniel Pirino Foundation, EOS Foundation, Gold Foundation, Gryphon Fund, Hartford Foundation for Public Giving, Jennifer Kaminsky, MAZON: A Jewish Response to Hunger, Minneapolis Foundation, New Hampshire Charitable Foundation, Project Bread: The Walk for Hunger, Sandpiper Philanthropic Foundation, Schaffer Foundation, Susan P. Davies and Richard W. Talkov, Susan Schiro and Peter Manus, Thomas Wilson Sanitarium for Children of Baltimore City, United States Department of Agriculture, Vitamin Litigation Funding, with major funding from the W.K. Kellogg Foundation.

Design:  
Communication via Design, Ltd.  
Boston, MA



Children's Sentinel Nutrition Assessment Program

725 Massachusetts Ave., Mezzanine SW, Boston, Massachusetts 02118 | phone: 617 414 5251 | fax: 617 414 7647 | web: www.c-snap.org

## References

- i. A. Barrett. 'Characteristics of Food Stamp Households: Fiscal Year 2005,' U.S. Department of Agriculture, Food and Nutrition Service, Office of Analysis, Nutrition and Evaluation, 2006.
- ii. K. Cunningham, L. Castner, and A. Schirm. 'State Food Stamp Participation Rates in 2004,' Mathematica Policy Research, Inc., October 2006.
- iii. R. Cohen, M. Kim, and J. Ohis. 'Hunger in America 2006,' Mathematica Policy Research, Inc., March 2006.
- iv. Food Research and Action Center. 'State of the States, 2006,' March 2006.
- v. Ibid
- vi. Center for Nutrition Policy and Promotion. 'Thrifty Food Plan, 1999: Administrative Report,' United States Department of Agriculture.
- vii. United States Department of Health and Human Services and United States Department of Agriculture. 'Dietary Guidelines for Americans, 2005.' <http://www.healthierus.gov/dietaryguidelines>. Accessed 12/16/06.
- viii. N. Neault, J.T. Cook, V. Morris, and D.A. Frank. 'The Real Cost of a Healthy Diet: Healthful Foods Are Out of Reach for Low-Income Families in Boston, Massachusetts,' Boston Medical Center, Department of Pediatrics, August 2005.
- ix. N. Neault and J.T. Cook. 'The Safety Net in Action: Protecting the Health and Nutrition of Young American Children—Report from a Multi-Site Children's Health Study,' Children's Sentinel Nutrition Assessment Program, July 2004; S.L. Hofferth and S. Curtin. 'Poverty, Food Programs, and Childhood Obesity,' *Journal of Policy Analysis and Management* 2005; 24(4): 703-26.
- x. M.S. Townsend, J. Peerson, B. Love, C. Achterberg, and S.P. Murphy. 'Food Insecurity is Positively Related to Overweight in Women,' *Journal of Nutrition* 2001; 131(6): 1738-45; D. Rose and J.N. Bodor. 'Household Food Insecurity and Overweight Status in Young School Children: Results from the Early Childhood Longitudinal Study,' *Pediatrics* 2006; 117(2): 464-73; K. Alaimo, C. Olson, E. Frongillo, and F. Low. 'Low Family Income and Food Insufficiency in Relation to Overweight in US Children: Is there a Paradox?' *Archives of Pediatric and Adolescent Medicine* 2001; 155: 1161-67; W.H. Dietz. 'Does Hunger Cause Obesity?' *Pediatrics* 1995; 95(5): 766-7; C.M. Olson. 'Nutrition and Health Outcomes Associated with Food Insecurity,' *Journal of Nutrition* 1999; 129: 521S-524S.
- xi. A. Drewnowski and S.E. Spector. 'Poverty and Obesity: The Role of Energy Density and Energy Costs,' *American Journal of Clinical Nutrition* 2004; 79: 6-16; G.A. Bray, S.J. Nielson, and B.M. Popkin. 'Consumption of High-Fructose Corn Syrup in Beverages May Play a Role in the Epidemic of Obesity,' *American Journal of Clinical Nutrition* 2004; 79: 537-43.
- xii. K. Smith and P. Salant. 'Rural America Depends on the Food Stamp Program to Make Ends Meet,' Carsey Institute Report, Fall 2005.
- xiii. Smith and Salant 2005.
- xiv. R. Haskins, M. Greenberg, and S. Fremstad. 'Federal Policy for Immigrant Children: Room for Common Ground?' *The Future of Children* 2004; 14 (2).
- xv. R. Capps, M. Fix, J. Ost, J. Reardon-Anderson, and J. Passel. 'The Health and Well-being of Young Children of Immigrants,' Urban Institute, 2004.
- xvi. M. Urrutia. 'Immigrant Access to Food stamps and Nutrition Services: A Latino Perspective,' National Council of La Raza, March 2004.
- xvii. J.T. Cook, M. Black, P. Casey, D.A. Frank, C. Berkowitz, D. Cutts, A. Meyers, and N. Zaldivar. 'Food Insecurity is Associated with Adverse Health Outcomes among Human Infants and Toddlers,' *Journal of Nutrition* 2004; 134: 1432-38; J.T. Cook, D.A. Frank, S.M. Levenson, N. Neault, T.C. Heeren, M. Black, C. Berkowitz, P.H. Casey, A.F. Meyers, D.B. Cutts, and M. Chilton. 'Child Food Insecurity Increases Risks Posed by Household Food Insecurity to Young Children's Health,' *Journal of Nutrition* 2006; 136: 1073-76.
- xviii. D.A. Frank, S. Ettinger de Cuba, and N. Neault, et al. 'Protecting the Health and Nutrition of Young Children of Color: The Impact of Nutrition Assistance and Income Support Programs. Research Findings from the Children's Sentinel Nutrition Assessment Program (C-SNAP),' Joint Center for Political and Economic Studies, Health Policy Institute, May 2006.
- xix. D. Rose, J.P. Habicht, and B. Devaney. 'Household Participation in the Food Stamp and WIC Programs Increases the Nutrient Intakes of Preschool Children,' *Journal of Nutrition* 1998; 128(3): 548-55; R. Perez-Escamilla, A.M. Ferris, L. Drake, L. Haldeman, J. Paronick, M. Campbell, Y.K. Peng, G. Burke, and B. Bernstein. 'Food stamps are Associated with Food Security and Dietary Intake of Inner-City Preschoolers in Hartford, Connecticut,' *Journal of Nutrition* 2000; 130(11): 2711-11.
- xx. D.F. Jyoti, E.A. Frongillo, and S.J. Jones. 'Food Insecurity Affects School Children's Academic Performance, Weight Gain, and Social Skills,' *Journal of Nutrition* 2005; 135 (12): 2831-9; E.A. Frongillo, D.F. Jyoti, and S.J. Jones. 'Food Stamp Program Participation is Associated with Better Academic Learning among School Children,' *Journal of Nutrition* 2006; 136(4): 1077-80.
- xxi. B.J. Lee, L. Mackey-Bilaver, and M. Chin. 'Effects of WIC and Food Stamp Program Participation on Child Outcomes,' Economic Research Service, U.S. Department of Agriculture, December 2006.
- xxii. J.T. Cook, et al. 'Food Insecurity is Associated with Adverse Health Outcomes among Human Infants and Toddlers,' 2004.
- xxiii. Food Research and Action Center. 'Food Stamp Access in Urban America: A City-by-City Snapshot,' October 2006; K. Hanson and E. Golan. 'Effects of Changes in Food Stamp Expenditures Across the U.S. Economy,' Food Assistance and Nutrition Research Report, Economic Research Service, U.S. Department of Agriculture, August 2002.
- xxiv. Food Research and Action Center. 'Food Stamp Access in Urban America: A City-by-City Snapshot,' October 2006.



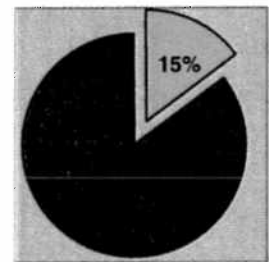


## Childhood Hunger in Nevada and Its Consequences

In Nevada, a living wage, i.e. sufficient earnings to cover basic household expenses, is more than twice the poverty threshold. Families in poverty do not have the resources required to cover their basic needs. Research demonstrates that, in low-income households, fixed expenses are covered before food and medical costs. As a consequence, adults and children in such households frequently do not have sufficient food to meet their daily nutritional needs. Households with children are twice as likely as households without children to be food insecure. Parents are working longer hours and more days of the year just to hold ground. Many work multiple jobs, and still children are hungry.

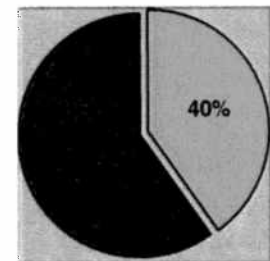
- In Nevada, there are 267,829 people living in poverty (10.6% of the population).
- In Nevada, 96,510 children (14.9%) under age 18 live in poverty.
- In Nevada, 62,021 families with school-age children (13.7%) live below the poverty line.

Children in Poverty



- In Nevada, 50,255 children of single mothers are living in poverty.
- In Nevada, 10.4% of our population is food insecure and almost 4% are living with very low food security.
- In Nevada, 4 in 10 students (169,700) live in families poor enough to qualify for free or reduced-price school meals. A family of 3 making less than \$22,880 qualifies for free school meals.
- In Nevada, more than one in 10 persons, and nearly one in six children, lives in a food insecure household.
- In Dec. 2008, the national unemployment rate was 7.2%. In Nevada, the rate was 9.1% (130,474 persons).
- In Nevada, there has been a 26% increase in participation in the Food Stamp Program over the last 5 years, but still, only 49% of eligible Nevadans use food stamps. Nevada ranks 47<sup>th</sup> among states for its low food stamp participation rate.

Nevada Students Eligible for Subsidized School Meals



**Children who live in food insecure households are at risk in a number of different ways, creating problems that are dramatic in their immediate consequences and tragic in their long-term effects.** The adverse effects of hunger and food insecurity for children are over and above the effects of living in poverty or being low-income. Hunger and food insecurity are serious risk factors for children, factors that are preventable using available resources.

**Health Risks:** Children facing hunger are at risk for life-long health problems. A Brandeis University analysis states, “There is strong evidence that children who live in households lacking access to sufficient food are more likely to be in poorer health than children from food-secure households.” These children are more likely to become ill and more likely to be hospitalized. They are also more likely to suffer from iron deficiency anemia making it difficult for children to remember and to learn. Iron deficiency also puts children at higher risk for lead poisoning.

**Psychological and Behavioral Risks:** Children in food insecure and hungry households are more likely to experience considerable psychological and emotional distress, including hyperactivity, aggression, withdrawn behaviors, difficulty getting along with other children, fatigue, apathy, anxiety, difficulty concentrating, depression, and suicidal behaviors. They are more likely to be suspended from school, require counseling services or need special education.

**Academic Achievement Risks:** Under-nutrition, even mild to moderate malnutrition, is a developmental risk factor for children, limiting a child’s ability to grasp basic skills and diminishing overall learning potential. Children from food insecure households do not perform as well on academic achievement tests, are more likely to have to repeat a grade, and have higher rates of tardiness and absences from school.

**Developmental Risks:** Hunger affects children’s cognitive development. “When children are chronically undernourished their bodies conserve the limited food energy available – first for critical organ function, second for growth and last for social activity and cognitive development.” (Brandeis study) They are less likely to form friendships, to explore their surroundings, to be curious, to learn. These children are unable to perform tasks at school and to maintain attention. The value of education is lost.

**Community Costs:** Child hunger can produce impairments that remain throughout life, robbing children of their natural potential. Letting school children go hungry means that our nation’s investments in public education are jeopardized. The costs to our communities and the nation are great in lost productivity as they become adults. Children suffering from hunger also demonstrate an increased need for social services over their lifetime. Because these children cannot benefit from schooling as much as their peers, they are likely to have lower earnings in their adult years making it difficult for them to provide for adequate nutrition for their own children. On the basis of long-term cost effectiveness alone, it makes sense to pay for solutions now to child hunger.

(2-09)

## How the Federal Poverty Threshold for Families Compares to a Basic Family Budget

	2007 Basic Family Budget* (One Year)	2007 Federal Poverty Threshold	% of FPT	Average
<b>Carson City MSA</b>				
1 parent, 1 child	\$ 32,956	\$ 13,690	241%	231%
1 parent, 2 children	\$ 39,406	\$ 17,170	230%	
2 parents, 1 child	\$ 38,953	\$ 17,170	227%	
2 parents, 2 children	\$ 45,058	\$ 20,650	218%	
2 parents, 3 children	\$ 58,093	\$ 24,130	241%	
<b>Reno/Sparks MSA</b>				
1 parent, 1 child	\$ 34,776	\$ 13,690	254%	241%
1 parent, 2 children	\$ 41,116	\$ 17,170	239%	
2 parents, 1 child	\$ 40,266	\$ 17,170	235%	
2 parents, 2 children	\$ 46,371	\$ 20,650	225%	
2 parents, 3 children	\$ 60,388	\$ 24,130	250%	
<b>Las Vegas-Paradise MSA</b>				
1 parent, 1 child	\$ 36,104	\$ 13,690	264%	248%
1 parent, 2 children	\$ 42,445	\$ 17,170	247%	
2 parents, 1 child	\$ 41,996	\$ 17,170	245%	
2 parents, 2 children	\$ 48,058	\$ 20,650	233%	
2 parents, 3 children	\$ 61,287	\$ 24,130	254%	
<b>Rural Nevada</b>				
1 parent, 1 child	\$ 33,000	\$ 13,690	241%	228%
1 parent, 2 children	\$ 38,505	\$ 17,170	224%	
2 parents, 1 child	\$ 39,409	\$ 17,170	230%	
2 parents, 2 children	\$ 44,672	\$ 20,650	216%	
2 parents, 3 children	\$ 54,918	\$ 24,130	228%	

**Average % of Poverty Threshold required to meet Basic Family Budget: 237%**

### Basic Family Budget Calculator (Sample)

#### Carson City, NV MSA, NV 2 parents, 2 children

Monthly housing	\$823
Monthly food	\$643
Monthly child care	\$843
Monthly transportation	\$468
Monthly health care	\$411
Monthly other necessities	\$352
Monthly taxes	\$215
Monthly total	\$3,755
Annual total	\$45,058

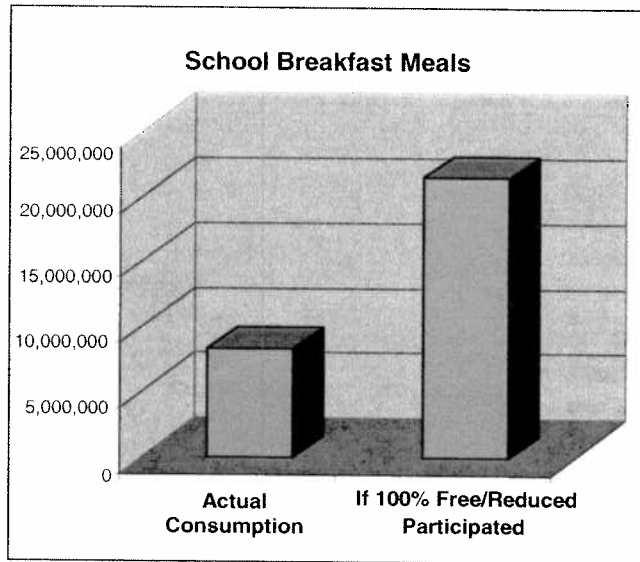
It is important to note that a basic family budget is indeed "basic." It comprises only the amounts a family needs to spend to feed, shelter, and clothe itself, get to work and school, and subsist in 21st century America. Hence, it includes no savings, no restaurant meals, no funds for emergencies—not even renters' insurance to protect against fire, flood or theft.\*

Families headed by single parents, young workers, or workers with less than a college degree are the most likely to face economic hardship.

The federal poverty line has traditionally been used to measure whether families have incomes high enough to enable them to meet basic needs. Yet most researchers now agree that a "poverty line" income is not sufficient to support most working families. "Basic family budgets are individualized for 400 communities nationwide and for various types of families (e.g., one parent/one child, two parents/two children). They offer a realistic measure of the income required to have a safe and decent - though basic - standard of living.

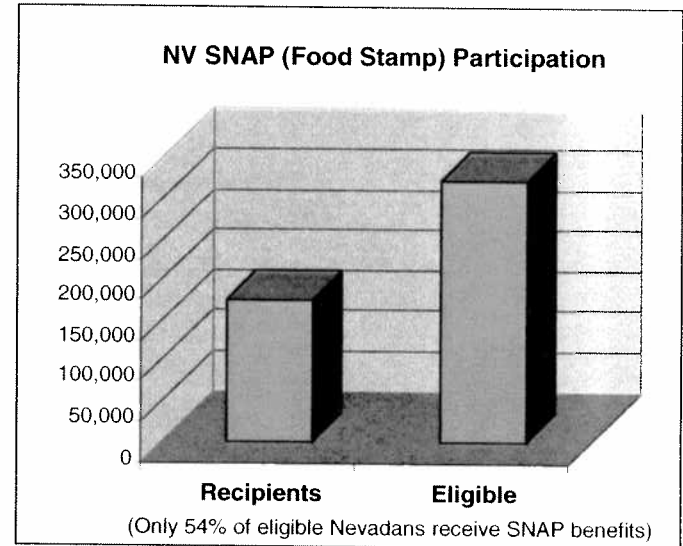
\*Economic Policy Institute Basic Family Budget Calculator, <http://www.epi.org/>

# NUTRITION PROGRAMS IN NEVADA – LEAVING CHILDREN AND FUNDING BEHIND

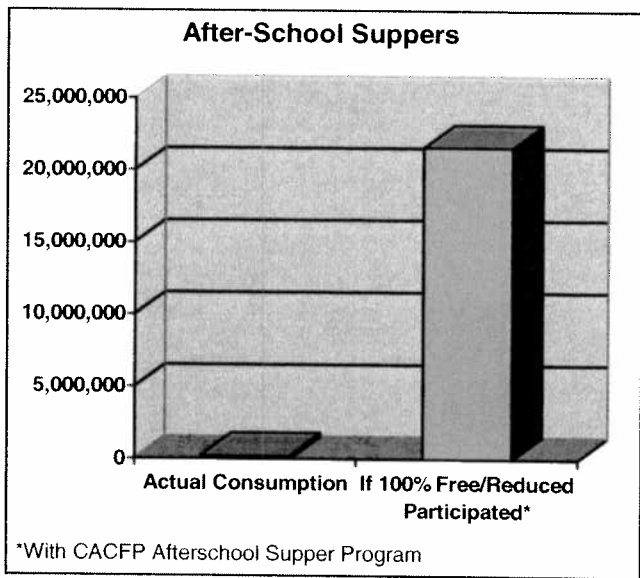


If all free/reduced eligible students participated, **\$32,709,279** in additional federal funding would flow into Nevada's economy.

If 100% of eligible Nevadans participated in SNAP, **\$229,000,000** in federal dollars would flow into Nevada.

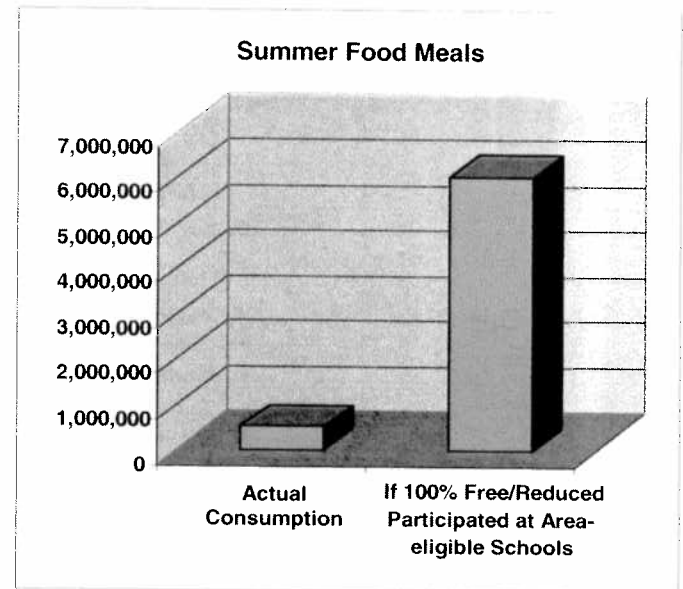


40% (169,677) of Nevada school children are eligible for free or reduced-price school meals (≤ 185% of poverty).



If all free/reduced eligible children had a daily supper during the school year, **\$57,579,147** in federal dollars would flow into Nevada's economy.

If all eligible children had summer lunch, **\$18,891,271** in federal funding would flow into Nevada.





**FOOD BANK**  
OF NORTHERN NEVADA

2008 Annual Report





## Contents

### 3 Introduction

Letter by Cherie Jamason, *President and CEO*  
and Gary Aldax, *Board Chair*

### 4 Donald W. Reynolds Food Distribution Center From a Dream to Reality

### 6 Financial Summary

Financial Report for Fiscal Year 2007–2008


### 8 2007–2008 Service Statistics Food Distribution Analysis

### 10 Highlights from the Past Year

- Partnerships and Events
- Nevada Partner Agencies
- California Partner Agencies
- Helping Hands
- Programs of the Food Bank

### 16 Donors

- New Home, New Hope Capital Campaign
- Programs of the Food Bank
- Harvesters
- Foundations
- Government and Community Grants
- Platinum Can
- Gold Can
- Silver Can



*Our mission is to end  
hunger in our region  
through direct services,  
advocacy, outreach  
and education.*

## Food Bank Operational Staff

### Board of Directors

Gary Aldax, *Saint Mary's Foundation*  
Bill Bennett, *Sierra Pacific Power Company*  
Denise Banks, *Grand Sierra Resort & Casino*  
Kathy Barlow, *Saint Mary's Mission Outreach*  
Nancy Bostdorff  
Steve Carrick, *Heritage Bank*  
June Cox, CPA, MS  
Bill Engle, *US Foodservice*  
Devon T. Reese, Esq., *Becker General Contractors*  
Brent Richard, *KTVN Channel 2*  
Doni Ridge, *Reno Gazette-Journal*  
John Stampfli, *Scolari's Food & Drug Company*  
Greg M. Titus, *Wells Fargo Bank*

### Food Bank Management Team

Cherie Jamason, *President and CEO*  
Cindi Mitchell, *Chief Operating Officer*  
Vinnie Oakes, *Warehouse Operations Manager*  
Doris Phelps, *Marketing Director*  
Vivienne French, *Development Director*  
Susan Eckes, *Child Nutrition Program Director*  
Angela Dazey, *Agency Relations and Outreach Manager*  
Dianne Stover, *Business Manager*



  
**T**

THE BOARD OF DIRECTORS AND MANAGEMENT TEAM of the Food Bank of Northern Nevada are proud to present a comprehensive report on our accomplishments of the past fiscal year – July 1, 2007 through June 30, 2008.

The completion of our new Donald W. Reynolds Regional Food Distribution Center is the achievement of a lifetime, and the capstone of our 25<sup>th</sup> anniversary year. Our success was made possible with the help of hundreds of friends, contributors, foundations, and partners in the construction industry.

With its \$8.2 million gift to this project, the Donald W. Reynolds Foundation has given the Food Bank the facility and infrastructure required to meet the food needs of families, children, and seniors in our far-flung communities for decades to come. The matching fund provided by contributors in the community ensures that the building will be maintained properly, and that the equipment needed to meet our strategic goals will be in place.

Successful completion of our new facility affirmed that our planning and preparation for this project was on track and appropriate for the needs of our community. We affirmed our belief that there are more food resources available, and are seeing that come true with our “build it and they will come” philosophy.

We affirmed our belief that our community is generous and forthcoming with contributions of time and financial resources, and realize that our mission is more relevant than ever before – we are barely scratching the surface in serving those in need.

Disraeli stated that “The secret of success is to be ready when your opportunity comes.” The Food Bank is now well and truly ready to meet the needs of Northern Nevada for decades to come. The partnership of our community – colleagues and contributors alike – has been a key component to our success.

Thank you,



Gary Aldax, Board Chair



Cherie Jamason, President and CEO

# FROM A DREAM...

## Donald W. Reynolds Food Distribution Center

**A**FTER YEARS OF WAITING, WE FINALLY REACHED A tangible point with our new building this year. Instead of seeing a dream on paper, we saw the ground being leveled, the concrete being poured, and the walls being lifted.


It is hard to put into words the feelings we felt when watching our dream become a reality before our eyes.

**Blessed. Excitement. Anticipation. Thankfulness. Awe.**

These words barely scratch the surface. After so much waiting, we are finally on the road to being able to provide so much more to the people we serve. We can now begin to move forward in our fight to end hunger in a way that wasn't possible in our previous facility. With so little room, we were unable to expand our distribution direct-service programs and improve the nutrition of our clients.

With the Donald W. Reynolds Regional Food Distribution Center, we can not only envision new horizons and new possibilities, but reach them.

Our project would not have been so successfully completed without the dedication of our partners during the planning and construction phases.

Adobe Masonry, Inc., Advanced Design Woodworks, Alpine Roofing, Applied Mechanical, Inc., Artistic Fence Co., Inc., Aspen Engineering, Blue Mountain Steel, Inc., Capital Glass, Inc., CDS, Inc., Creative Design Interiors of Nevada, Desert Fire Protection, F. Rodgers Specialty Contractor, Inc., Garden Shop Landscaping, Gore Acoustics and Drywall Systems, Inc., Granite Construction Co., Hankin Specialty Equipment, Inc., Hershenow + Klippenstein, Ltd., High Desert Surface Prep, LLC., Interpretive Gardens, Jensen Electric, Nevada Overhead Door Company, Northern Nevada Rebar, Odyssey Engineering, Inc., Otis Elevator Company, Panattoni Construction, Inc., Panelized Structures, Inc., Partition Specialities, Inc., Paul M. Wolff Company, Pezonella Associates, Inc., Project One, Ricker Thermline, Inc., Gary Romero, Inc., Roy Walker/River Canyon Enterprises, LLC., Smith Mechanical, Inc., SMC Construction Inc., Storey County Fire Department, Storey County Economic Development, Storey County Manager, Storey County Commissioners, Surface Systems, Inc., Tala Enterprises, LLC., Tedesco Pacific Construction, Inc., Vern Martin Design Associates, Wayne Reid, S.E, WES Construction Company, Inc., Cathexes, Social Entrepreneurs 



*TO REALITY*

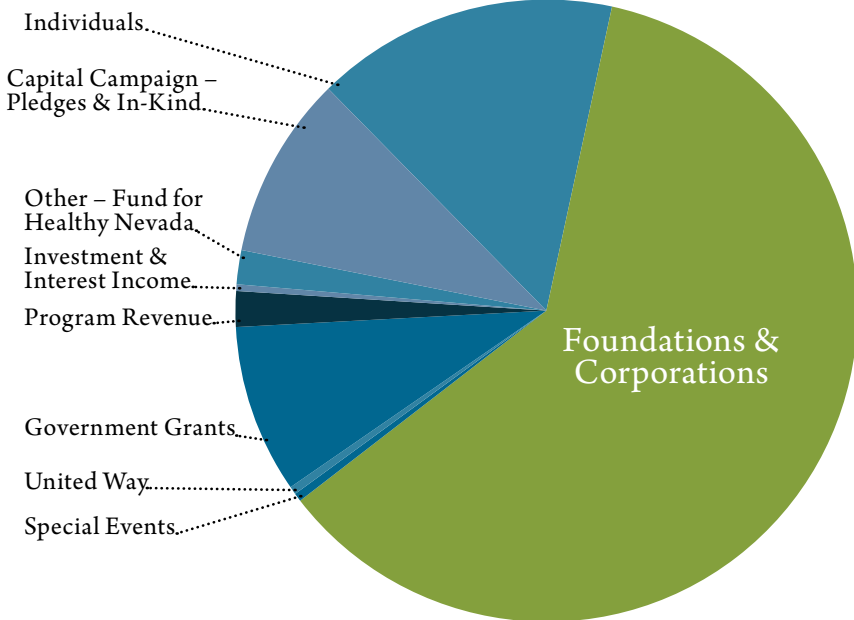


## Financial Summary

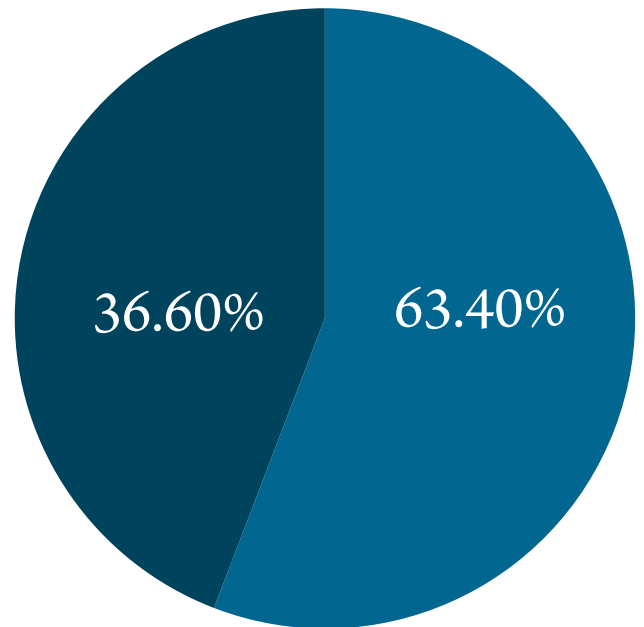
### Revenue

Individuals	1,823,597	9.98%
Foundations & Corporations	7,084,530	38.77%
Special Events	50,011	0.27%
United Way	47,289	0.26%
Government Grants	1,017,802	5.57%
Program Revenue	212,789	1.16%
Investment & Interest Income	40,616	0.22%
Other – Fund for Healthy Nevada	205,893	1.13%
Capital Campaign – Pledges & In-Kind	1,100,561	6.02%
In-Kind Contributions & Donated Assets	6,687,995	36.60%
<b>TOTAL REVENUE</b>	<b>18,271,083</b>	<b>100.00%</b>

*Revenue by Type,  
Excluding In-Kind*



*Allocation of Revenue*



## *Allocation of Expenses*

**Administrative & General**

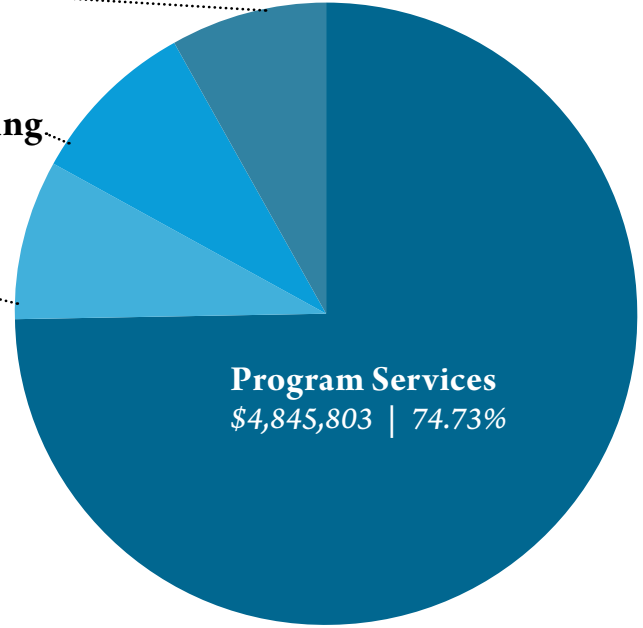
\$525,998 | 8.11%

**Public Support & Fundraising**

\$575,094 | 8.87%

**Construction Expenses**

\$537,854 | 5.13%



### Expenses

Food Procurement, processing, and distribution	7,441,287
Outreach Expenses	15,278
Salaries	1,229,701
Payroll taxes & benefits	292,277
Contract Labor/Vista Volunteers	24,493
Rent	139,108
Telephone & Utilities	43,837
Repairs & Maintenance	83,142
Supplies – Program and Office	85,077
Printing & Postage	83,213
Professional Services	204,527
Education, Conferences & Travel	66,417
Dues, Subscriptions & Books	5,336
Equipment	166,709
Advocacy Governance	0
Grant Expenses	63,270
Insurance & Property Taxes	43,464
Advertising, Fundraising & Special Events	391,993
Capital Campaign	0
Other	25,101
Depreciation	89,660
Construction Expenses	0
<b>TOTAL EXPENSES</b>	<b>10,493,890</b>
<b>INCREASE (DECREASE) IN NET ASSETS</b>	<b>7,777,193</b>

## 2007–2008 Service Statistics

### Food Distribution

Total pounds distributed through warehouse: 5,066,044

Total pounds distributed to community partners: 3,737,666

(Community partners include emergency food pantries, community organizations, emergency shelters, faith-based organizations, rehabilitation facilities, soup kitchens, and youth programs.)

Total pounds distributed to direct service programs: ..... 1,328,378

Commodity Supplemental Food Program: ..... 1,087,634

Mobile Pantry: ..... 185,658

Back-Pack Kids: ..... 54,190

Kids Cafe snacks (in addition to meals): ..... 896

Total number of people served: ..... 90,278

Number of people served through partner agencies: ..... 70,111







Maxell Richardson Photography

## Number of people served through direct service programs

### Kids Cafe

Total number of meals: ..... 241,150

After School (CACFP): ..... 173,211  
 Child and Adult Care Food Program

Summer (SFSP): ..... 67,939  
 Summer Food Service Program

Total number of children served: ..... 2,739

### CSFP (Community Supplemental Food Program)

Number of CSFP boxes distributed: 25,432

Number of individuals served: 2,855

### Back-Pack Kids

Number of backpacks distributed: 10,838

### Food Stamp Outreach

Number of individuals served: 2,231

### Nutrition Education

Number of children who attended the Food Smarts classes: 436

Number of adults who attended the Smart Shoppers classes: 429

### Mobile Pantry

Number of individuals served: 10,222



5,066,044

*pounds of food distributed through our warehouse*



## Partnerships and Events

### **July 2007: Food for the Soul World Music Concerts**

The Food Bank produced the 10<sup>th</sup> annual Food for the Soul concerts in Wingfield Park as part of the annual Artown Festival. Each year, the concerts offer a world of unique and fascinating music, dance, instruments, food, and costumes. In this 10<sup>th</sup> anniversary year, the Food Bank collaborated more closely with Artown to present five premier entertaining evenings, beginning with the popular Preservation Hall Jazz Band from New Orleans. Each Wednesday evening, attendees enjoyed an evening of great music while helping hungry families, seniors, the ill and the disadvantaged with cash and food donations. The event generated more than \$53,000 and 4,800 pounds of food, with about 10,000 attendees during the series. Sponsored by Charles Schwab Bank, IGT, Atlantis Casino Resort Spa, CSG Direct, Artown, City of Reno Arts & Culture Commission and KTVN Channel 2. Other major support included the Sands Regency Hotel Casino, Model Dairy, Freeman Decorating, Reno Jazz Orchestra, Maytan Music Center, Sparky's, Butcher Boy Prime, JAG Productions, technical experts James Cavanaugh and Mark Simon, AdSpec, Event Services, Dancin' Dance Studio, and many dedicated volunteers.

### **November – December 2007: Holiday Food Drive**

More than 250 Washoe County businesses, grocery stores, churches, libraries, civic groups, and individuals donated 167,850 pounds of food. Top donors included Washoe County ROTC, Galena High School, Atlantis Casino Resort Spa, Damonte Ranch Community, Washoe County Libraries, RTC Ride, Reno Rodeo Association, and the generous shoppers at Raley's, Scolari's, Smith's, Save Mart, Whole Foods Markets, and Trader Joe's. Hundreds of volunteers worked throughout the season to sort, pack, and stack food donation boxes.

### **December 14, 2007: Share Your Holiday Drive By Food Drive**

This 15<sup>th</sup> annual KTVN Channel 2 event to benefit the Food Bank of Northern Nevada inspired hundreds of individuals, businesses and schools to drop off 129,000 pounds of food at four collection sites in our area. The Share Your Holiday Drive By Food Drive was held from 6 A.M. to 6 P.M. at the Grand Sierra Resort and Summit Shopping Center in Reno, the Governor's Mansion in Carson City, and the Carson Valley Inn in Minden. Other support included United Rentals, Sierra RV, Subway, McDonald's, Bright Productions, Alice 95, Scolari's, US Foodservice, YESCO, BJ's Restaurant Brewhouse, Starbucks, Instant Sign, Reno Rodeo Foundation, and hundreds of hardworking volunteers.

*Each year, the Food for the Soul World Music Concerts offer a world of unique and fascinating music, dance, instruments, food and costumes.*

### **April 23–27, 2008: CANstruction**

The 5<sup>th</sup> annual CANstruction event in northern Nevada, a joint project of the American Institute of Architects Northern Nevada and the Food Bank, was held at the TMCC Student Center and attracted 18 teams of area architects, engineers, designers, and students. The event, one of 80 nationwide, collected 33,300 pounds of non-perishable food that was distributed from our warehouse to our partner agencies. Sponsored by Charles Schwab Bank, Save Mart Stores, Larry Macias, AIA, Fred and Janice Graham, Pezonella & Associates, Home Care Plus, American Family Insurance, Carl's Imaging Works, Truckee Meadows Community College staff, Freeman Decorating, Camelot Rentals, Subway, AdSpec, and the many individuals and companies associated with the building teams, as jurors, and as members of the planning committee.

### **May 10, 2008: The 2008 Letter Carriers' Food Drive**

This is the largest one-day nationwide food drive sponsored by the National Association of Letter Carriers. This year's event collected 178,850 pounds of food in Reno-Sparks for the Food Bank. La-Z-Boy Furniture Galleries and Safeway Stores sponsored the purchase of plastic food bags to help generate donations. Letter Carriers distributed the bags in advance as a convenient reminder to leave a food donation by the mailbox. Area grocery stores, including Save-Mart, Raley's, Safeway, Scolari's, Smith's, Trader Joe's, and Wild Oats Market participated to help collect food donations when leaving a food donation at the mailbox was inconvenient. Postal Service and Food Bank trucks carried big mail totes full of food to the Food Bank warehouse. ITS Logistics and US Foodservice donated the use of commercial trailers, tractors and drivers' time to transport food from the Sparks Main and Prater Way post offices to the Food Bank.

*Hundreds of volunteers worked throughout the season to sort, pack and stack food donation boxes.*



*Maxell Richardson Photography*



## Nevada Partner Agencies

### Carson City

Advocates to End Domestic Violence, residential shelter  
Apostolic Assembly of Faith Carson City, pantry  
Boys and Girls Club of Western Nevada, daycare  
Community Counseling, residential shelter  
ComputerCorps, pantry  
Ron Wood Family Resource Center, pantry  
Stewart Community Church, pantry  
Volunteers of America, residential shelter

### Churchill County

Out of Egypt Pantry, pantry  
Churchill County Social Services, pantry  
Churchill County Parks and Recreation, pantry, daycare  
Domestic Violence Intervention, residential shelter  
Fallon Boys & Girls Club, youth center  
New Frontier Treatment Center, residential shelter  
Stepping Stones Tribal Youth Center, residential shelter

### Douglas County

Carson Valley Food Closet, pantry  
Our Lady of Tahoe Outreach Program, pantry  
Tahoe Community Church, pantry

### Elko County

Community In Schools, youth program

### Humboldt County

Indigent Service, pantry  
Winnemucca Food Pantry, pantry

### Eureka County

Eureka Nutrition Sites, pantry, congregate feeding

### Lander County

Assembly of God Helping Hands, pantry  
Battle Mountain Family Resource Center, pantry  
Helping Hands of Austin, pantry

### Lyon County

Boys & Girls Club of Mason Valley, daycare  
Great Park Children's Center, daycare  
Living Faith Christian Fellowship, pantry  
Lyon County Human Services, Silver Springs, pantry  
Lyon County Human Services, Yerington, pantry  
Maschach Ministries, residential shelter  
Silver Springs Christian Church, pantry  
Yerington Paiute Tribe, congregate feeding

### Mineral County

Consolidated Agencies of Human Services, pantry  
Macedonia Baptist Church, pantry

### Pershing County

Lovelock Community Food Pantry, pantry

### Storey County

Community Chest Inc., pantry



## Washoe County

Actions, residential shelter  
Alpha Productions, training center  
Assistance League, pantry  
Apostolic Assembly of Faith Reno, pantry  
Bethel AME Church, pantry  
Body of Christ Church, pantry  
Boys & Girls Club of Truckee Meadows, youth center  
Bristlecone Family Resources, residential shelter  
Camp Lots of Run, youth center  
Casa De Vida, residential shelter  
Central Reno Family Resource Center, pantry  
Center of Hope, daycare  
Church of Jesus Christ Spirit-Filled, pantry  
Committee to Aid Abused Women, residential shelter  
Community Child Care, daycare  
Cottonwood Apartments, pantry  
Faith Christian Fellowship, pantry  
Family Promise, shelter  
First United Methodist Church, pantry  
First United Methodist Church, pantry  
Girl Scouts of Sierra Nevada, summer camp  
Gates of Life Christian Center, pantry  
H.O.P.E. Church of the Nazarene, pantry  
H.O.P.E.S., pantry for HIV patients  
Happy Days Preschool, daycare  
Heaven Bound Lifestyle Center, residential shelter  
High Sierra Industries, assisted/enhanced living facility  
Holy Child Day Home, daycare  
Living Waters Christian Fellowship, pantry  
Nevada Hispanic Services, pantry  
Nevada Urban Indians, residential shelter  
Nevada Youth Empowerment, shelter  
New Life Assembly of God, pantry  
Northeast Reno Family Resource Center, pantry  
Northern Nevada Teen Challenge, residential shelter  
Project Mana, Incline Village, pantry  
Reno Hispanic Foursquare Church, pantry  
Reno-Sparks Gospel Mission, congregare feeding, pantry  
ReStart, residential shelter  
Ridge House, residential shelter  
Rose McGuire Family Resource Center, pantry  
Safe Embrace, residential shelter  
Safe Harbors of Nevada, shelter  
St. Thomas Aquinas Cathedral, pantry  
Saint Mary's Mission Services, outreach  
Salvation Army, outreach  
Sparks Christian Fellowship, pantry  
Sparks Family Resource Center, pantry  
St. John's Child Care Center, daycare  
Step 1, residential shelter  
Step 2, residential shelter  
Steps to New Freedom, shelter

Sun Valley Family Resource Center, pantry  
The Friar's Pantry, pantry services  
24/7 TLC, residential housing  
Trinity Episcopal Church, pantry  
The Launching Pad, residential shelter  
UNR Child & Family Research Center, daycare  
United Methodist Church, pantry  
University Family Fellowship, pantry  
Valley View Faith Fellowship, pantry  
YMCA of the Sierra, daycare/youth center

## California Partner Agencies

### El Dorado County

Christmas Cheer, pantry  
Sierra Recovery Center, residential shelter  
Tahoe Turning Point, residential shelter

### Lassen County

Lassen Indian Health Center, pantry

### Mono County

Bridgeport Baptist Church, pantry

### Nevada County

Project MANA, Truckee, pantry

### Placer County

Disabled Sports of Northern California,  
assisted/enhanced living facility

### Plumas County

Community Assistance Network, pantry  
Plumas Rural Service, Inc., pantry

### Sierra County

Loyalton Senior Nutrition Center, congregare feeding





## Helping Hands

### Food Bank Volunteers – We Couldn't Do It Without Them

Our volunteers represent a broad range of people in our community and all age groups. They include self-motivated individuals and more than 100 individual groups who donated their time including employee volunteers from the local business community, corporate partners, faith based organizations, youth groups, seniors, and even some of the Food Bank's partner agencies.

### Service Hours at a Glance

#### 600+ hours

Roger Slugg

#### 300 – 599 hours

Sam Lumpe

#### 200 – 300 hours

Teen Challenge, Richard & Louanne Pauley, Linda Reeves

#### 100 – 200 hours

Ron & Mary Rogers, Paul & Jeannie Smith, Gopen Family, Briarwood, Sierra Nevada Job Corps, Temple Sinai Sisterhood, Summit Church, Sparks Christian Fellowship Youth Group, Calvary Chapel Youth Group, Boy Scout Troop 443, Circus Circus Employees, Upward Bound Program

#### 75 – 100 hours

Gail Allen, Maryann Mimms, Lacey Gatlin, Janice Hoke, Joyce Butcher, Anita Sanchez, Blue Thong Groups, UPS Reno, Greater Reno Church of Christ, Stewart Title, EP Minerals, Rainbow Girls, Kappa Alpha Theta

The 2007 – 2008 year saw over 3,000 volunteers supporting the Food Bank of Northern Nevada. During the last fiscal year, volunteers provided 12,696 hours of service – more than six full-time positions.

Using an estimated value of \$12 per hour, our volunteers saved the Food Bank's operating budget \$152,352 a year in labor expenses.

So what do more than 3000 volunteers do to donate 12,696 hours of service? Here's how they spent their time...

CSFP Packing and Delivery	4071 hours
Food Drives	3714 hours
General Support	1070 hours
Backpack program	515 hours
Office / Tech Support	568 hours
Special Events / Activities	536 hours
Sort / Pack Donated Items	1044 hours
Mobile Pantry / Produce	1178 hours
TOTAL	12,696

#### 50 – 74 hours


Bronwyn Boyd-Sanders, Tembrea Wright-Hay, Mark Hanson, Phil Bushard, Kristel Hart, Lynda Ross, Kappa Delta Chi, Catholic Singles, Picollo School, Cisco Systems, Mountain View Montessori School, Davidson Academy, Reno Gazette Journal, Cub Scout Pack 14, Americorp, Reno – Sparks Leadership, Microsoft Licensing, Our Lady of Tahoe, Citibank, Roy Gomm School

#### 40 – 50 hours

Marge Davall, Blaine Wimsatt, Kathy Seelbach, Barb Wisniewski, Jamie Shaw, Penny Leutzinger, Eddy Tongsen, Johanna Folk, Steve Lower, Mike DiCianno, Ned Benson, Vinnie's Crew, O'Brien Middle School, Gabrelli Family, Bank of America, Market Link, WCSD Key Clubs, Reno City Attorney's office, The Glenn Group, Sparks HS Community Based Program, Sparks Methodist Church, Northern NV Dietetic Association, Cub Scout Pack 514

Using an estimated value of \$12 per hour, our volunteers saved the Food Bank's operating budget \$152,352.





*The Food Bank's food stamp outreach workers help improve access to food stamps for those who are eligible by traveling to locations throughout Northern Nevada.*

## **Programs of the Food Bank**

### **Kids Cafe**

Children who depend heavily on free school lunch and breakfast may not have reliable meals at home. Kids Cafe began in 1996 as a Food Bank pilot program and was designed to provide free, nutritious evening and summertime meals when school is out, to all children and their siblings ages 1-18, who depend on free school breakfast and lunch as their main source of nutrition.

**Afterschool Dinner Program:** Meals are served in conjunction with organized afterschool programs at schools with high enrollments of low-income students. Kids Cafe meals were served at 28 locations during school year 2007-08.

**Summer Program:** The Food Bank sponsors the USDA Summer Food Service Program (SFSP) to help fund meals served to children when they are on school breaks. Meals were served at 18 summer locations, including parks, playgrounds, schools, recreation centers, and public housing complexes.

**Child Nutrition Program Highlights:** Our Food Bank was selected as a peer mentor for two other food banks seeking information for expanding and developing their own child nutrition programs. We also hosted visitors from Feeding America to observe our successful programs aimed at ending hunger.

### **Back-Pack Kids**

The Back-Pack Kids program is offered to local schools with the highest numbers of Children in Transition, who have been identified as homeless or in an unstable living environment. Working closely with the Washoe County School District, we expanded our Back-Pack Kids program to 13 schools which enroll high numbers of homeless children. Approximately 300 backpacks were distributed each week. It is our goal to provide this program in 16 schools in the 2008-09 school year.

To assist high school students needing emergency food assistance, the Food Bank opened new high school food pantries at Wooster and Hug high schools. We also continue to provide non-perishable foods to support established pantries at Damonte Ranch, Galena, North Valleys and Sparks high schools.

### **Nutrition Education**

The Food Bank's commitment to ending hunger in our region includes a proactive approach to nutrition. Our nutrition education programs work to teach healthy and budget-conscious habits to children, teenagers, and adults.

- "Food Smarts" is a two-part program of hands-on cooking and nutrition classes for children attending after-school programs in Kids Cafe schools. Children learn about good nutrition, easy-to-fix healthy snacks, physical exercise, hygiene, and healthy living.
- "Smart Shopper" classes for teenagers and adults eligible for USDA food stamps explore good nutrition on a budget, exercise and food-safety topics.

### **Food Stamp Outreach Program**

In the state of Nevada, approximately \$150 million dollars in Food Stamp Nutrition benefits goes unused each year. Lack of transportation to the welfare office and confusing, multi-page benefit forms can discourage eligible food stamp recipients from pursuing benefits.

The Food Bank's food stamp outreach workers help improve access to food stamps for those who are eligible by traveling to locations throughout northern Nevada to make food stamp nutrition benefits more readily available.

- Every \$5 in new food stamp benefits generates \$9.20 in total community spending.
- Every additional dollar's worth of food stamp benefits generates 17 to 47 cents of new spending on food.
- On average, \$1 billion of retail food demand by food stamp recipients generates 3,300 farm jobs.

### **Mobile Pantry Program**

The Food Bank began this pilot program in May 2007. Designed to improve the nutrition of children in low-income neighborhoods, the Food Bank's Mobile Pantry program distributed bags of groceries, including fresh produce. The program's success has grown tremendously and served eight sites in 2007-2008.

### **Commodity Supplemental Food Program**

The Commodity Supplemental Food Program (CSFP) provides a monthly box of supplemental food to qualified low-income seniors, pregnant and nursing mothers and children up to age six. 96% of CSFP recipients are seniors. Boxes are distributed at many sites around Northern Nevada and can include cheese, cereals, beans, rice or pasta and canned fruits and vegetables.

## New Home, New Hope Capital Campaign Donors 2007–2008

Gary A. Aldax  
Vicki & Stephen Bailey  
B. C. McCabe Foundation  
Brett & Deborah Barker Foundation  
Kathleen & Carl Barlow  
Dr. Ned & Mary Benson  
Steve Bloomfield, MD  
Daniel & Jeanne Brower  
Bessie Brown  
Joyce Butcher  
Steve & Ardith P. Carrick  
Letty Casazza  
Mary Connolly  
Randolph & Gloria Connolly  
June Cox  
Stan Crapo  
Anthony & Rebecca Czarnik  
DP Partners  
Michael P. DiCianno  
David & Jane Diedrichsen  
Jana Dunn  
Bill & Nancy Engle  
Candice L. Fife  
Phyllis & Eric Freyer  
Food Bank Staff  
Bob & Cathy Gabriella  
Martha Gould  
Scott & Karen Gunderson  
The River Christian Church  
Charles & Catherine Hancock

Renee & James Harris  
Amy Heintz  
Ward & Christel Hinckley  
PPG Industries  
Dennis & Linda L. Jilot  
Jay & Cassie Jilot, GolfTEC  
John Ben Snow Memorial Trust  
William & Mary Keenan  
The Thomas and Thelma Hart  
Foundation  
Richard C. Lorson  
The Bretzlaff Foundation  
Millie H. Mitchell  
Sherry Nowell Morgan  
Frances D. Moses  
David T. Newman  
Terry & Lynn R. Nielson  
Vinnie & Charlene Oakes  
Kirk & Annaliese Odencrantz  
Donald & Jane Osborne  
William & Janet Parish  
Carol A. Parkhurst –  
Wheatcraft/Parkhurst Living  
Trust  
C. Nicholas Pereos  
Meg M. Price  
The Jack Van Sickle Foundation  
C. Elizabeth Raymond  
Brent Richard  
Doni Sue Ridge

H. Sidney Robinson  
Robert Z. Hawkins Foundation  
Rosemann Family Foundation Inc.  
Karen Seelhoff  
Al & June Selleck  
May Sagawa Shelton  
Larry & Glenda Simmons  
Tonya N. Simmons  
The Nell J. Redfield Foundation  
Spiersch Properties  
John Stampfli  
B. L. Starr  
Norman M. Stone  
John & Nancy M. Stosic  
James Thompson  
Eileen W. Tibbitts  
The Tinder Box  
Greg Titus  
Dante & Therese Vacca  
Barbara Vucanovich  
Sharon A. Walbridge  
Linda Waterhouse  
Dr. Robert G. Whittemore  
Mary E. Whittle  
Windy Moon Quilts  
Phyllis Balis Young





## Harvesters

***Donors of 500 pounds or more of food, warehousing services and/or in-kind of \$1,000 or more per year.***

A American Self Storage  
 Alere Medical  
 Alpine Circle Families  
 Amazon  
 America's Second Harvest (Feeding America)  
 Anthem Blue Cross Blue Shield  
 Atlantis Casino Resort  
 Barnes & Noble  
 Bender Warehouse  
 Big Lots  
 Bridgeford Food  
 Bush Brothers & Company  
 C & S Wholesale Grocers Food Show  
 California Emergency Foodlink  
 CANstruction  
 Cargill Meat Solutions  
 Caughlin Ranch Elementary School  
 Charles River Laboratories  
 Circus Circus  
 City of Sparks  
 Confetti's Nightclub  
 Costco  
 Crown Beverages, Inc.  
 Cub Scout Pack 443  
 Curves International  
 Damon Industries  
 Damonte Ranch Community  
 Damonte Ranch High School  
 Delyse Inc.  
 Donner Springs Mobile Home Park  
 EP Minerals  
 8 Dimensions Health Center  
 Ferguson Enterprises  
 Food for the Soul Concerts  
 Freeman Companies  
 Freestyle Martial Arts Academy  
 Frito-Lay Inc.  
 Galena High School  
 GameTech International  
 Gems TV USA Ltd.  
 Genco Target Return Center  
 The Glenn Group  
 Gold Dust West  
 Grocery Outlet  
 Hershenow + Klippenstein Architects  
 Hidden Valley Ranch  
 High Sierra Industries  
 Holy Cross Catholic Community Church  
 Hopkins Distribution  
 ITS Logistics

JC Penney Logistics Center  
 John Morrell & Co.  
 Johnson Chiropractic Center  
 K-Mart Distribution Center  
 Kiley Ranch  
 Knuckleheads Sports Bar & Grill  
 Kraft Foods  
 La-Z-Boy Furniture Galleries  
 Lennar Homes  
 Letter Carriers Food Drive  
 Lord of Mercy Lutheran Church  
 Macy's  
 Microsoft Licensing  
 Mission Foods  
 Model Dairy  
 Mountain View Montessori School  
 Montreux Cares  
 NBTY  
 NDOT  
 Nabisco Biscuit Co.  
 Nestle Distribution  
 Nevada Security Bank  
 North Valleys Regional Park  
 NOW Foods  
 Odwalla  
 Oroweat Food Co.  
 Ozburn-Hessey Logistics  
 Payroll Systems  
 Pepsi Bottling Group  
 Pfizer Consumer Healthcare  
 Quality Line Distribution  
 Ralcorp Foods  
 Raley's Supermarkets and Drug Stores  
 RC Willey  
 Reed High School  
 Regional Transportation Commission  
 REMSA  
 Reno High School  
 Reno Snax Sales  
 Reno-Sparks Tow Truck Companies Food Drive  
 7-Eleven Stores  
 SK Food Group  
 St. John's Presbyterian Church  
 St. Mary's Food Bank  
 Safeway  
 Sak 'n' Save  
 Sam's Club  
 Save-Mart  
 Scolari's Food & Drug Company  
 Senior Gleaners

Share Your Holiday Drive By Food Drive  
 Sierra Canyon by Del Webb  
 Sierra Seafoods  
 Sierra Vista Children's Academy  
 Smith's Food and Drug Stores  
 South Reno Baptist Church  
 South Reno Methodist Church  
 Spicy Pickle  
 Sportif USA, Inc.  
 Springs Window Fashions  
 Starbucks  
 Summit Christian Church  
 Sundance Bookstore  
 TCDI  
 Tavern Products  
 Tesco Technologies  
 Trader Joe's  
 Tropicana  
 Truckee Bagel Company  
 Truckee Meadows Community College  
 Truckee Meadows Community College –  
 Magnet High School  
 Tyson Foods, Inc.  
 Uncle Ben's  
 Unified Grocers Food Show  
 U.S. Foodservice  
 Utah Food Bank  
 Wal-Mart Distribution Center  
 Washoe County District Attorney  
 Washoe County Junior ROTC  
 Washoe County Library System  
 Washoe County Parks & Recreation  
 Washoe County School District  
 Washoe County School District  
 Nutrition Services  
 Washoe County Senior Center  
 Washoe County Sheriff's Office  
 Wells Fargo  
 Werchert Realtors, Pevy & Associates  
 Westco/Bakemark  
 Western Dairy Specialties  
 Whole Foods Market – Wild Oats Market  
 WinCo Foods  
 Women With Heart – Hunsberger  
 Elementary School  
 Women's Center of the Sierra



## Major Donors

*The following gifts have helped support general food bank operations.*

*The Food Bank of Northern Nevada is sincerely grateful for the generous contributions from the following major donors who have supported our services, programs, projects and events throughout the year.*

## Foundations

E. L. Cord Foundation  
Wilensky Foundation  
Gannett Match Community Foundation  
Helen Close Charitable Foundation  
Wayne L. Prim Foundation  
The Nell J. Redfield Foundation  
Reno Rodeo Foundation  
Robert Z. Hawkins Foundation  
The Leonette Foundation  
MAZON, A Jewish Response to Hunger  
MGM Mirage Voice Foundation  
Kenneth M. Bennett Memorial Foundation  
Robert R. Banks Foundation  
Terry Lee Wells Foundation, Inc.  
Barbara B. Clarke Family Fund  
Charles H. Stout Foundation  
TOSA Foundation  
Macy's Foundation  
The Edmund C. Olson Family Foundation  
Sam D. Young Family Foundation  
The NEWT Christian Fund  
The Muhonen Charitable Fund  
Dell Foundation  
Kimley-Horn Foundation  
ITS4Logistics  
Brian and Nancy Kennedy Foundation  
Crowley Family Foundation  
Hinderks Family Foundation  
Howard Cross Foundation  
Intuit Foundation  
Philip Rubenstein Foundation, Inc.

## Government & Community Grants

American Idol – Feeding America\*  
Community Foundation of Western Nevada –  
Community Partnership Granting Program Fund  
CROPWALK – Church World Service  
MSG Settlement Grant – Feeding America\*  
Nevada Women's Fund  
United Way of Northern Nevada and the Sierra  
Washoe County Human Services Consortium  
Youth in Philanthropy High School Giving Circle

## Platinum Can

*Gifts totaling \$10,000 or more*

Anonymous  
Donald L. Bockover  
Beverlee Dorn  
John A. Ligon  
Timothy and Kristine Martin  
Terrance Mast and Claudette Crosslen  
Joyce Quigley

Arrow Electronics  
Atlantis Casino Resort Spa  
Catholic Healthcare West  
ConAgra Foods – Feeding America\*  
International Game Technology  
Macy's Reno and Macy's West  
Mars Foods – Feeding America\*  
Raley's Supermarkets – The Kroger Co. Foundation  
Saturn of Reno  
Smith's Food & Drug Stores  
Wal-Mart Stores, Inc. – Feeding America\*

## Gold Can

*Gifts totaling \$5,000 to \$9,999*

Anonymous  
Charlene Burns  
Mary Connolly  
Scott Douglass  
Heidi I. Loeb  
Larry and Kathleen Metler  
John and Nancy Stosic  
AT&T  
Charles Schwab Bank  
Hampton Inn in Carson City  
Jones Vargas

*\*Note: A portion of national contributions distributed to the Food Bank of Northern Nevada as a member of Feeding America, the nation's network of food banks.*



## Silver Can

Gifts totaling \$1,000 to \$4,999

Gary Aldax  
D. Fred and Jill C. Altmann  
Terese M. Angwin  
Anonymous  
Allan and Marjorie Ashton  
Mark and Anne Bacon  
David and Laura Bailey  
Kathleen and Carl Barlow  
Jane Kimberly Becker  
Richard and Roberta Bennett  
Cynthia Bertsch  
B. D. Blankus  
Frank Brendle  
Joyce Butcher  
Steve and Ardith Carrick  
Todd Chapman, M.D.  
Robert and Margaret Churn  
Kenneth and Michelle Clontz  
Craig Conrath, M.D.  
J. Carl and Lorelei Cooper  
Joyce Cozby  
Terry and Carol Dinneen  
John J. and Carol K. Douglass  
Bonnie Drinkwater  
Regina Dunbar  
Jana Dunn  
Eva and Ahmed Essa  
Sher Faenger  
Daniel and Anne Fagundes  
Randy and Melinda Fisher  
Helen Flora  
Karyn Forsyth, Ph.D.  
Debra Francis  
Meghan and Michael Freitas  
Lillian Goldsmith  
Frederick and Janice Graham  
Jean M. Green  
Esther Gruessing  
Scott and Karen Gunderson  
Holger and Tacy Hahn  
Larry and Cathy Harris  
Harry and Carla Hart  
James Hoeft  
Peggy Hoogs  
Mary Hoover  
Anne B. Howard  
James and Janice Hutton  
Hi and Debra Jeppson  
Dennis and Linda L. Jilot  
Jay and Cassie Jilot, GolfTEC  
Penelope Kelley  
Kristen Kos  
Susan G. Larson  
Margaret Layton  
Marvin Leech

Elizabeth Leger  
Robert and Bertha LeMond  
Les and Susan Linkletter  
Richard C. Lorson  
Stephan and Vivian Lower  
David Lubliner  
Larry J. Macias, AIA  
Patricia Madden  
Tom Maguire  
Francine Mannix  
Bruce Marr  
Kevin Marriott  
Carol B. Martin  
Anne E. McDonald  
Claudia Joy Messenger  
Russell and Amy Monette  
Mary Ann Morgan  
William and N. S. Freddie Morrill  
Rebecca Mueller  
D. M. and Robert Noland  
Felicia O'Carroll  
Annaliese and Kirk Odencrantz  
Phillip and Linda Overholtzer  
Armand and Patricia Paradis  
Leonard Parker and Janet Stead  
Michael and Esther Pedro  
Nancy Pfaff  
Jeanene Raffanelli  
James and Cynthia Richardson  
Roger Rilling  
H. Sidney Robinson  
Patricia and Thomas Robinson, Jr.  
Rita Rogers  
Kimberly and Taylor Schollmaier  
Sandra Schriener  
Yvette L. Schukman  
Celia Scully  
Al and June Selleck  
David and Susan Semas  
May Sagawa Shelton  
Kathleen Sigurdson  
Kathaleen Jean Smith  
Irene Stambaugh  
Richard and Jane Strauss  
Michael Strem  
Michael and Karen Traynor  
Carl D. Turner  
Dante and Therese Vacca  
William and Kathryn Van Meter  
Ervin Walls  
Scott and Kristen Walter  
Linda Waterhouse  
Martin and Jennifer Welch  
Jerome and Elaina Williams  
Lynne D. Williams

Charlene Ying  
Phyllis Balis Young  
Altmann Construction, Inc.  
Argent Commercial Real Estate, LLC  
Autium Thunder, Inc.  
Construction Design Services  
CSG Direct, Inc.  
Cummins Rocky Mountain LLC  
E J Presents, LLC – All City Live  
GameTech International, Inc.  
The Glenn Group  
Goedert & Associates – Santa Pub Crawl  
Hacienda Restaurant & Bar  
Harley-Davidson Financial Services  
Hershenow + Klippenstein Architects  
High Desert Gold Corp.  
High Plains Drifters  
Home Care Plus  
Horizon Senior Advisors LLC  
JC Penney Logistics Center Employees  
Kelley Erosion Control, Inc.  
Knuckleheads Sports Bar & Grill  
La-Z-Boy Furniture Galleries  
LEGEND, Inc.  
Manpower, Inc.  
Microsoft Licensing, GP  
Nichols Consulting Engineers, Chtd.  
Pacifcare Health Plan Administrators, Inc.  
The Pampered Chef  
Pezonella & Associates  
Ranshu Construction Co.  
Reno Host Lions Club  
Renown Health  
The River Christian Church  
Safeway, Inc.  
Sierra Pacific Power Company  
Sierra Pacific Power Company Employees  
St. Anthony Greek Orthodox Church  
St. John's Presbyterian Church  
St. Paul's Episcopal Church  
Sundance Bookstore, Inc.  
Thrivent Financial for Lutherans,  
Washoe Co. Chapter  
Tinder Box  
Trans-Siberian Orchestra  
The Vista Valley Shoppes  
Western Title Company, Inc.  
Women With Heart  
Wooster High School JROTC





*“There is no cause half so sacred as the cause of a people. There is no idea so uplifting as the idea of the service of humanity.”* —Woodrow Wilson



# **FOOD BANK** OF NORTHERN NEVADA

## **The Food Bank of Northern Nevada**

Donald W. Reynolds Regional Food Distribution Center  
550 Italy Drive, McCarran, NV 89434

[www.fbnn.org](http://www.fbnn.org)

P. (775) 331-3663

F. (775) 331-3765

